



## OPT-OUT FORM

### Health Education *Human Growth and Development*

Wisconsin Statute sec. 118.019 allows parents to exempt their child from instruction in Human Growth and Development with a written request to the school.

I **DO NOT** want my child to participate in instruction in the following areas of Human Growth and Development: **(Please circle the specific area(s) utilizing the curriculum outline located on the back of this form.)**

I            II            III            IV            V            VI            VII

***DO NOT complete this form if you want your child to receive all aspects of the Human Growth and Development curriculum.***

Student Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**If you are choosing to have your son/daughter opt-out of any section of the Human Growth and Development curriculum return this completed form with your registration materials.**

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# Human Growth and Development Curriculum Outline

## Wilmot Union High School

### Health Education

- I. **The students will demonstrate their knowledge of the human male and female reproductive systems by:**
  - A. Describing the structures and functions of both the male and female reproductive systems.
  - B. Discussing the importance of self and medical exams of reproductive organs.
  - C. Identifying common disorders of the reproductive systems.
  - D. Identifying steps to maintain reproductive health.
  
- II. **The students will review and expand their knowledge and understanding of pregnancy and birth by:**
  - A. Discussing fertilization, embryonic/fetal development, and birth process (3 trimesters).
  - B. Identifying the importance of prenatal and post natal care.
  - C. Discussing teenage pregnancy.
  - D. Describing the three stages of birth.
  - E. Identifying complications that can arise during pregnancy and birth.
  - F. Modeling some of the responsibilities of parenthood.
  
- III. **Students will review and expand their knowledge and understanding of contraceptive methods by:**
  - A. Recognizing the many benefits of abstinence from sexual activity until marriage.
  - B. Recognizing which contraceptives are commonly used.
  - C. Identifying the effectiveness of each contraceptive.
  - D. Identifying the benefits and disadvantages of each method.
  - E. Describing the side effects associated with each contraceptive.
  
- IV. **The students will demonstrate an understanding of sexually transmitted diseases by:**
  - A. Identifying and discussing the sexually transmitted diseases.
  - B. Recognizing and distinguishing how different STDs can be acquired.
  - C. Identifying the symptoms of STDs.
  - D. Naming measures to avoid STDs.
  - E. Recognizing the need for medical treatment.
  
- V. **The students will demonstrate knowledge and understanding of the Human Immunodeficiency virus by:**
  - A. Stating the meaning of the acronyms AIDS and HIV.
  - B. Discussing how the virus that causes AIDS is and is not transmitted.
  - C. Discussing the consequences of contracting HIV.
  - D. Naming good health behaviors that contribute to the prevention of HIV transmission.
  
- VI. **The students will review and extend their knowledge of child abuse by:**
  - A. Reviewing definitions.
  - B. Recognizing that abuse takes many forms, physical, sexual, and mental/emotional.
  - C. Define sexual assault, rape, and date rape (both male and female).
  - D. Distinguishing between sexual abuse, sexual assault and sexual harassment.
  - E. Discussing different approaches to use in avoiding sexual abuse and/or sexual harassment.
  - F. Discussing and formulating different approaches to use in reporting abuse and/or sexual harassment.
  - G. Criminal penalties for engaging in sexual activities involving a child.
  - H. Sex offender registration requirements, including who is required to report, what information must be reported, who has access to the information reported, and the implications of being registered.
  
- VII. **The students will discuss and expand their knowledge of bullying and other harassment issues by:**
  - A. Identifying harassing, hazing, and bullying behaviors.
  - B. Analyzing stereotypes.
  - C. Dispelling myths related to sexual orientation.
  - D. Examining internet and other electronic dangers.