

Wilmot Union High School



OPT-OUT FORM

Health Education

Human Growth and Development

Wisconsin Statute sec. 118.019 allows parents to exempt their child from instruction in Human Growth and Development with a written request to the school.

I **DO NOT** want my child to participate in instruction in the following areas of Human Growth and Development: **(Please circle the specific area(s) utilizing the curriculum outline located on the back of this form.)**

I

II

III

IV

V

VI

VII

DO NOT complete this form if you want your child to receive all aspects of the Human Growth and Development curriculum.

Student Name: _____

Parent/Guardian Signature: _____ Date: _____

If you are choosing to have your son/daughter opt-out of any section of the Human Growth and Development curriculum return this completed form with your registration materials.

Christy Weinstock
Director of Curriculum and Instruction
Wilmot Union High School
11112-308th Avenue
Wilmot, WI 53192-0008

Human Growth and Development Curriculum Outline

Wilmot Union High School

Health Education

I. The students will demonstrate their knowledge of the human male and female reproductive systems by:

- A. Describing the structures and functions of both the male and female reproductive systems.
- B. Discussing the importance of self and medical exams of reproductive organs.
- C. Identifying common disorders of the reproductive systems.
- D. Identifying steps to maintain reproductive health.

II. The students will review and expand their knowledge and understanding of pregnancy and birth by:

- A. Discussing fertilization, embryonic/fetal development, and birth process (3 trimesters).
- B. Identifying the importance of prenatal and post natal care.
- C. Discussing teenage pregnancy.
- D. Describing the three stages of birth.
- E. Identifying complications that can arise during pregnancy and birth.
- F. Modeling some of the responsibilities of parenthood.

III. Students will review and expand their knowledge and understanding of contraceptive methods by:

- A. Recognizing the many benefits of abstinence from sexual activity until marriage.
- B. Recognizing which contraceptives are commonly used.
- C. Identifying the effectiveness of each contraceptive.
- D. Identifying the benefits and disadvantages of each method.
- E. Describing the side effects associated with each contraceptive.

IV. The students will demonstrate an understanding of sexually transmitted diseases by:

- A. Identifying and discussing the sexually transmitted diseases.
- B. Recognizing and distinguishing how different STDs can be acquired.
- C. Identifying the symptoms of STDs.
- D. Naming measures to avoid STDs.
- E. Recognizing the need for medical treatment.

V. The students will demonstrate knowledge and understanding of the Human Immunodeficiency virus by:

- A. Stating the meaning of the acronyms AIDS and HIV.
- B. Discussing how the virus that causes AIDS is and is not transmitted.
- C. Discussing the consequences of contracting HIV.
- D. Naming good health behaviors that contribute to the prevention of HIV transmission.

VI. The students will review and extend their knowledge of child abuse by:

- A. Reviewing definitions.
- B. Recognizing that abuse takes many forms, physical, sexual, and mental/emotional.
- C. Define sexual assault, rape, and date rape (both male and female).
- D. Distinguishing between sexual abuse, sexual assault and sexual harassment.
- E. Discussing different approaches to use in avoiding sexual abuse and/or sexual harassment.
- F. Discussing and formulating different approaches to use in reporting abuse and/or sexual harassment.
- G. Criminal penalties for engaging in sexual activities involving a child.
- H. Sex offender registration requirements, including who is required to report, what information must be reported, who has access to the information reported, and the implications of being registered.

VII. The students will discuss and expand their knowledge of bullying and other harassment issues by:

- A. Identifying harassing, hazing, and bullying behaviors.
 - B. Analyzing stereotypes.
 - C. Dispelling myths related to sexual orientation.
 - D. Examining internet and other electronic dangers.
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