

SOUTHERN LAKES CONFERENCE

Constitution & By-Laws



**BADGER
BURLINGTON
DELAVAN-DARIEN
ELKHORN
UNION GROVE
WATERFORD
WESTOSHA CENTRAL
WILMOT**

**February 13, 2008
Updated December 2009
Updated August 2011**

TABLE OF CONTENTS

I. Southern Lakes Conference Constitution – Adopted February 13, 2008

Article I – Name	4
Article II – Purpose.....	4
Article III – Membership	4
Article IV – Dues.....	4
Article V – Meetings	4-5
Article VI – Officers and Duties.....	6
Article VII – Conference Commissioner.....	6–7
Article VIII – Powers & Duties of The Conference	7–8
Article IX – Rules & Regulations.....	8
Article X – Amendments	8
Article XI – Approved Sports.....	8
Article XII – Scheduling of Sports and Officials	8-9
Article XIII – Admissions	10
Article XIV – Awards.....	10–11
Article XV – Dissolution Clause	12

II. Southern Lakes Conference By-Laws

Section 1 – Game Control	13
Section 2 – Levels of Competition	13
Section 3 – Scheduling Procedure	13
Section 4 – Baseball	14–15
Section 5 – Basketball (Boys and Girls).....	16-17
Section 6 – Cross Country (Boys and Girls)	18-19
Section 7 – Football.....	20-23
Section 8 – Boys Golf.....	24-25
Section 9 – Girls Golf.....	26-27

Section 10 – Gymnastics	28–29
Section 11 – Soccer (Boys and Girls).....	30-31
Section 12 – Softball.....	32-33
Section 13 – Swimming (Boys and Girls)	34-37
Section 14 – Tennis (Boys and Girls).....	38-40
Section 15 – Track and Field (Boys and Girls)	41-42
Section 16 – Volleyball	43-45
Section 17 – Wrestling	46-48
Section 18 – Guidelines for Spirit Teams (Cheer/Pom/Dance).....	49
Section 19 – Co-op and Tri-op Teams.....	50

III. SLC Sportsmanship Guide

Sportsmanship	51-53
Objectives and Behavior.....	53
Action Plan	53-54
Sportsmanship Announcement.....	54
Coaches.....	54
Players	54
Officials	55
Spirit Teams.....	55
Spectators.....	55

IV. Southern Lakes Conference Dues and Fees

Section 1 – Dues	56
Section 2 – Admissions	56
Section 3 – Commissioner’s Salary and Expense Account.....	56
Section 4 – Officials Assignments and Pay (11-12 & 12-13)	57
Appendix A – Volleyball Tournament Bracket	58
Appendix B – Wrestling Tournament Bracket	59
SLC Tournament Host Rotation 2008-09 thru 2014 –15	60

SOUTHERN LAKES CONFERENCE CONSTITUTION

ARTICLE I – NAME

The name of the organization is the Southern Lakes Conference.

ARTICLE II – PURPOSE

The purpose of the organization is to promote and regulate all the activities sponsored by the Conference.

ARTICLE III – MEMBERSHIP

A. Full Membership

The Conference full membership comprise of: Badger, Delavan-Darien, Elkhorn, Union Grove, Waterford, Westosha and Wilmot. The W. I. A. A. assigns schools to the Conference.

B. Partial Membership

Partial member schools are those that compete in the Southern Lakes Conference in one or more sports but are not affiliated with our conference as assigned by the W. I. A. A.

C. Application for Partial Membership

An individual school may apply to participate in one or more sports that the Southern Lakes Conference sponsors. A written application must be completed and handed to the Southern Lakes Conference commissioner by December 1st to be considered for the subsequent school year. Athletic Directors and Principals will review application for approval. If approved the effective date of admission and scheduling of contests will be decided on an individual basis. Schools applying to participate in a SLC sport must have a two-year commitment to that sport if they are even to be considered.

ARTICLE IV – DUES

Dues, admissions and all fees shall be reviewed/set at the December principals meeting each year. Partial membership dues will be pro-rated based on number of sport participation.

ARTICLE V – MEETINGS

SECTION 1. Principals

- A. The principals shall establish meeting date in May for the following school year.
- B. In order to conduct official business, there must be a quorum of one more than half of the members present.
- C. Conference meetings shall be represented by the high school principal or a designated representative from each conference school. Each school shall have one vote.

- D. The president or a petition of the majority of the Conference principals may call a special meeting of the Conference.
- E. Conference principals may submit items in writing to the president two weeks prior to the meeting. These items shall be placed on the written agenda and shall be indicated as being “information” or “action” items. The written agenda shall be prepared by the president and sent to the Conference principals and Commissioner one week prior to the meeting. The principals shall also review items of business from action taken at the Conference meetings and the athletic directors meetings. Minutes of each meeting shall be sent to the Conference principals, athletic directors and administrators.
- F. A conference athletic director, who is president, will be present at the monthly principal’s meeting to act as a liaison in a non-voting role.
- G. October’s athletic director and principal meetings will be a combined meeting to talk about common issues facing the conference.

SECTION 2. Athletic Directors

- A. The athletic directors shall meet monthly during the school year or as necessary. A joint meeting with the principals shall be scheduled in October of the school year by the principals.
- B. A written agenda for each meeting shall be prepared by the president of the athletic directors and the Conference Commissioner and sent to the Conference schools one week prior to the meeting. Conference schools may submit items in writing to the president two weeks prior to the meeting. These items shall be placed on a written agenda and shall be indicated as being “information” or “action” items. Minutes of each meeting shall be sent to the Conference athletic directors, principals and administrators.

SECTION 3. Coaches

- A. Conference coaches’ meetings shall be held three times during the school year.
- B. The Conference Commissioner shall determine dates, times and locations for the coaches meetings. Athletic Directors shall assume the responsibility of managing the All-Conference meetings.
- C. Minutes of the coaches’ meetings shall be kept by the coaches from the school whose athletic director president and shall be submitted to their athletic director of that school following the meetings. The athletic director shall have the minutes typed and shall send them to the athletic directors of each Conference school and to the Commissioner. Any proposals for changes in the constitution or by-laws shall be in the form of a motion and voted on by all schools present.
- D. The athletic directors shall review minutes of the meetings at their next regularly scheduled meeting and, if necessary, make recommendations to the principals. The principals shall consider the recommendations at their next meeting following that of the athletic council.
- E. A banquet with a program during which awards are presented shall follow each coach’s meeting.

ARTICLE VI – OFFICERS AND DUTIES

SECTION 1. Principals

- A. The officers of the Conference are the president and vice-president.
- B. The president and vice-president shall be principals from Conference schools. The Conference commissioner shall serve as the treasurer and secretary.
- C. The office of Conference president and vice-president shall rotate in alphabetical order beginning with the Waterford and Westosha school principals respectively in 2008-09. The vice-president shall become the president the following year. If a principal new to the Conference is in line to assume the office, the members of the Conference shall appoint a principal with previous experience in the conference to assume that position for one year. The principal new to the Conference shall, after one year, assume the office in the normal alphabetical rotation. The president and vice-president shall assume their duties as of July 1st of each year.
- D. The vice-president shall act in the absence of the president and shall arrange for all meeting sites. Alternating sites is recommended.

SECTION 2. Athletic Directors

- A. One athletic director or designated staff member from each Conference school shall make up an athletic directors council. The Commissioner shall serve as an ex-officio member of the council.
- B. The president of the council shall be the athletic director whose principal is the Conference president. The vice-president shall be the athletic director whose principal is the Conference vice-president.
- C. Athletic Director who is president will be the liaison at principal's monthly meetings.

ARTICLE VII – CONFERENCE COMMISSIONER

SECTION 1. Hiring and Evaluation

- A. The Conference principals in consultation with the athletic directors shall hire a Conference Commissioner.
- B. The Commissioner shall assume duties on July 1st.
- C. Conference principals and athletic directors shall evaluate the Commissioner on an annual basis.

SECTION 2. Duties of the Commissioner

- A. Work within the constitution and by-laws of the Southern Lakes Conference.
- B. Prepare athletic schedules for all Conference sponsored sports, freshman through varsity. The Conference athletic directors and principals must approve athletic schedules before officials are hired.
- C. Hire officials for Conference Meets, and for varsity contests in the following Conference sports: football, volleyball, boys' and girls' basketball, wrestling, softball, boys' and girls' soccer, baseball, and gymnastics. Officials shall be hired one year, and preferably two years, in advance of the season. All officials must be licensed by the W.I.A.A.
- D. Arrange and attend the three (3) seasonal coach's meetings and dinners.

- E. Purchase and distribute trophies and awards provided for in the by-laws of the Southern Lakes Conference.
- F. Meet with the Conference principals and athletic directors as scheduled.
- G. Provide a means by which coaches and athletic directors can evaluate officials.
- H. Keep records of all Conference standings and report the final standings at the end of each sport's season to the Conference schools. Scores/Season summaries will be made available in booklet form at the end of each season's banquet.
- I. Report to the principals and athletic directors on competitive salary structures for game officials.
- J. Be certain that the All-Conference selection process has been followed.
- K. Distribute a list of All-Conference selections to the Conference schools.
- L. Carry out publicity for the Southern Lakes Conference.
- M. Serve as liaison between the Southern Lakes Conference and the W.I.A.A.
- N. The Commissioner, as treasurer, shall keep accurate information on all Conference financial matters; prepare a financial report, including bank statements, for each principal's meeting. Next budget year will be presented at November's principals meeting.
- O. The finances of the Southern Lakes Conference shall be handled through an account established by the Conference treasurer. The Conference financial records shall be audited annually by the Conference officers and a report made at the September meeting.
- P. The Commissioner, as secretary, shall keep an accurate and permanent record of all Conference meetings, conduct correspondence, and update the constitution, by-laws and sports guidelines.
- Q. Responsible for overseeing web page and web master.

ARTICLE VIII – POWERS AND DUTIES OF THE CONFERENCE

SECTION 1. Powers

- A. The Conference is empowered to enforce the rules and regulations of the Conference and the W.I.A.A.

SECTION 2. Actions

- A. The following action may be taken when dealing with Conference/WIAA violations:
 - a. Censure of individuals or school
 - b. Probation
 - c. Denial of right to take part in Conference activity
 - d. Suspension of Conference membership for a specified time
- B. The principals at a conference meeting shall determine action taken on violations.

SECTION 3. Coach's Conduct

- A. If there is an incident in which a coach is deemed to have acted inappropriately, a school administrator of the school involved is expected to take action. This action may range from a reprimand to immediate dismissal. In addition, the Conference Commissioner is to write letter concern to the coach. Copies will be sent to the principals of the schools involved.
- B. The Athletic Director of the school, whose coach is ejected at a game, ejection at any

level, is to file a report with the Conference Commissioner. The Conference Commissioner is to keep a record of all ejections and a report shall be presented to the Athletic Directors.

ARTICLE IX – RULES and REGULATIONS

SECTION 1. Rules, Regulations and Guidelines

- A. Southern Lakes Conference and W.I.A.A. rules, regulations and guidelines shall be followed for all Conference sports.
- B. There shall be a Games Committee for all conference meets as directed in the by-laws for each sport.

ARTICLE X – AMENDMENTS

SECTION 1. Proposed Amendments

- A. Proposed amendment(s) to the constitution, by-laws, or guidelines may originate at any regular or special meeting of the Conference principals, athletic directors, or coach's. Action on the proposals shall be taken at the next Conference principal's meeting following the recommendations from the conference athletic directors.

SECTION 2. Amending the Constitution

- A. A two-thirds majority vote of the conference principals is required to amend the constitution at any regular or special meeting. Only principals may amend the constitution.
- B. Amendments to the Constitution require readings on two separate dates before adoption may take place.

ARTICLE XI – APPROVED SPORTS

SECTION 1.

- A. A sport shall be approved when 50% or more of the schools adopt the sport. A sport shall be eliminated when fewer than 50% of the schools sponsor the sport. The Conference Principals must approve any exceptions.

ARTICLE XII – SCHEDULING OF SPORTS AND OFFICIALS

SECTION 1. Sports

- A. The Conference Commissioner shall work with the athletic directors in drawing up schedules for all sports.
- B. Changes in schedules require the mutual consent of the athletic directors of the schools involved.
- C. Schedule conflicts caused by vacations shall be resolved by the mutual consent of the athletic directors of the schools involved. Failure to reach a mutual consent shall be resolved by the principals of the schools involved.
- D. If a facility problem prohibits the play or continuation of a contest, the following shall occur:

- a. Football games shall be rescheduled the next day or by mutual consent.
- b. Other contests shall be rescheduled with mutual consent of the athletic directors involved. Failure to reach mutual consent shall be resolved by the principals of the schools involved.
- c. Scheduled contests shall not be conducted if weather conditions cause school closing or suspension of classes of any participating school. Contests shall be postponed if, in the judgment of the visiting school administrations, hazardous travel conditions exist.
- d. Every attempt shall be made to avoid scheduling conference events on Wednesday nights.
- e. The host school athletic director must promptly report all schedule changes, via conference change form, to the Conference Commissioner.
- f. Effort shall be made to eliminate loss of school time when rescheduling athletic events.

SECTION 2. Officials

- A. Officials shall be currently licensed with the W.I.A.A. for all levels of competition.
- B. Conference Commissioner shall assign and contract for varsity contests.
- C. School district employees may be assigned varsity matches, but not to contests involving their own district's school. This does not apply to cross country, track and swimming. Schools employees may be assigned to any contest other than varsity level.
- D. Fees for officials assigned by the Conference Commissioner shall be reviewed and set at the December principals meeting. The home school shall pay the officials' fees.
- E. Individual schools shall contract W.I.A.A. licensed officials at all levels not assigned by the Conference Commissioner.
- F. The Conference Commissioner may change officials' assignments in an emergency situation.
- G. Guidelines when officials fail to show:
 - a. The host school shall attempt to obtain a qualified team of officials. School district employees may be used with mutual consent of the coach's.
 - b. A 45-minute time limit should be allowed to secure a set of officials.
 - c. If officials cannot be obtained, see ART. XII, Sect. 2 (E) above and apply the procedure.

ARTICLE XIII – ADMISSIONS

SECTION 1. Prices

- A. Admission prices for students and adults shall be reviewed and set annually at the December principals' meeting.

SECTION 2. Lifetime Passes

- A. Lifetime passes shall be issued to administrators and coaches who have served for a period of ten years. Schools shall submit names of personnel who are eligible to receive passes to the Conference Commissioner at the September meeting. The pass admits the bearer and a guest to Conference activities. Schools shall pay for passes issued to their personnel.

SECTION 3. Courtesy Passes

- A. Each school shall receive (60) sixty courtesy passes annually admitting bearer and guest to Conference activities. Courtesy passes cannot be used for W.I.A.A. tournaments.
- B. All schools will accept Courtesy and lifetime passes.

ARTICLE XIV – AWARDS

SECTION 1. All-Conference First and Second Team Selections

- A. Conference championship and individual awards shall be purchased by the Conference Commissioner with Conference funds and shall be distributed as per the Conference award structure.
- B. All sports will use the written set of criteria for the selection of All-Conference. The Conference by-laws will be followed for each sport. All-Conference 1st Team, 2nd Team and Honorable Mention shall be selected for football, volleyball, basketball, baseball, soccer and softball. Individual championships and Honorable Mention shall be recognized in the other sports.
- C. Athletic Directors shall assume the responsibility of managing All-Conference meetings.
- D. From the 1st Team All-Conference selections, are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honors, statistics, contributions to team's success), academic achievement and character (sportsmanship, leadership, conduct). Athlete of the Year is a separate ballot in all sports--voted on after all other selections have been completed.
- E. The All-Conference selection process is as follows:
- a. Names of nominees from each school are to be submitted to the Conference Commissioner for compilation no later than two weeks prior to the seasonal All-Conference meeting.
 - b. It is recommended that player's conference statistics be made available to all coaches prior to or at the All-Conference selection meeting.
 - c. The commissioner is to return the compiled list of nominees to the athletic

- directors no later than one week prior to the seasonal All-Conference meeting.
- d. The commissioner is to inform the athletic directors of the seasonal deadlines.
 - e. The coaches are to discuss their individual nominees but may not vote for their own nominees.
 - f. Voting for nominees will be in an open ballot format. All ties must be broken.
 - g. The coaches may present additional nominees before the selection process commences.
 - h. Three tier awards system:
 - i. All-Conference First Team
 - ii. All-Conference Second Team
 - iii. Honorable Mention
 1. Any athlete who receives two or more votes from an opposing coach is eligible.
 2. If none of their athletes were voted to Honorable Mention recognition, coaches will have the opportunity to name one individual for an Honorable Mention.

SECTION 2. Structure

- A. The award structure put into effect beginning with the 2008-09 school year and shall be reviewed by an "Awards Committee" every three years. Added sports shall be worked into the review process.
- B. Awards committee will consist of Past President, President and Vice-President from the Southern Lake Conference Athletic Directors.

SECTION 3. Academic/Athletic Award

- A. The academic/athletic award shall be given on an individual school basis.
- B. Plaques for the academic/athletic award shall be purchased by the Conference Commissioner with Conference funds and shall be distributed as requested by each school.
- C. Each school shall be billed individually on an annual basis for the number of plaques and nameplates used for the award.
- D. The first Monday in April has been established as the deadline for submitting names for this award.

SECTION 4. Structure for the Academic/Athletic Award

- A. The award shall be given to seniors only.
- B. The award shall be based on seven semesters of academic work using a 3.75 average on a 4.0 scale.
- C. The athlete shall have been in a sport and lettered in the senior year unless circumstances prevent the earning of a letter such as an injury.
- D. Transfer students shall have had three semesters of residence in the conference to be eligible.
- E. The athlete shall have participated in four years of athletic competition.
- F. Athletic eligibility shall have been continuous for four years.

ARTICLE XIV – DISSOLUTION CLAUSE

Upon the dissolution of the conference, the executive committee shall, after paying or making provisions for the payment of all the liabilities of the conference dispose of all the assets of the conference exclusively for the purposes of the conference in such manner or to such organizations organized and operated exclusively for charitable, educational, religious, or scientific purposes as shall at that time qualify as an exempt organization or organization under Section 501 (c) (3) of the Internal Revenue Code of 1954 (or the corresponding provision of any future United States Internal Revenue Law), as the executive committee shall determine. Remaining assets will be divided equally among member schools.

SOUTHERN LAKES CONFERENCE BY-LAWS

SECTION 1. Game Control

- A. The host school has the responsibility of maintaining proper conduct of students, coaches, athletes, cheerleaders, and spectators. The game manager shall identify her/himself to the officials. Spectators shall be kept off the playing area.
- B. Game officials should warn the offending school and may suspend the contest if the conduct and control of coaches, players, or spectators interrupts or affects the normal progress of a contest.
- C. A late arriving team in any sport shall be given a minimum of twenty minutes to warm-up.

SECTION 2. Levels of Competition

- A. All Conference schools shall enforce W.I.A.A., rules and regulations relating to eligibility and levels of competition.
- B. The following levels of competition have been established by the Southern Lakes Conference:
 - a. Varsity - students in grades 9 – 12
 - b. Junior Varsity (JV) - students in grades 9 and 11(see C. below)
 - c. Freshman - students in grade 9
 - d. The Athletics Directors at each school involved with notify each other with exceptions to the above levels of competition
 - e. Schools may have exhibitions.
- C. Conference sports will be listed as V, JV and FR and seniors may not play down. (Exceptions-cheer/dance, cross country, gymnastics, golf, soccer, swimming, tennis, track, and wrestling).

SECTION 3. Scheduling Procedure

- A. The existing draw schedule will continue for two more years (ending in spring 2006) and then the conference will go to a four year draw as indicated below.
- B. A random draw for scheduling shall begin in February of 2005 and every four years thereafter as follows: February-draw for fall sports; March-draw for winter sports; April-draw for spring sports. The draw shall be for the next school year that begins with an even number except for football, which is one year in advance of other sports. (NOTE: The new schedule will begin with the 2006-07 school year except in football where the new schedule will begin with the 2007-08 year since 04-05 has already been approved and the two year extension motion extends the schedule through 06-07.)
- C. Approval of each draw shall be made in the succeeding month. (This gives athletic directors the opportunity to check with principals before approval takes place.)
- D. The draw shall include all sports except cross country and track.
- E. The commissioner shall draw when a bye occurs.
- F. Sites shall be reversed each year after the draw begins and rotated from bottom to top every other year.

SECTION 4 – BASEBALL

- Supervising Athletic Director:** Mike Blair - Waterford
- Officials:** 2 umpires will be hired by the conference commissioner.
- Media/Results:** Host school to post on rSchool site.
- Conference Schedule:** The conference schedule will consist of a double round robin of games with all conference schools. The conference championship will be determined by win-loss record.
- Afternoon games will begin at 4:30 p.m. Games may begin earlier or later by mutual consent.
- Postponed games will be rescheduled by mutual consent of both schools involved. Failure to reach a mutual consent will be resolved by the principals of schools involved. Any game involving the championship must be made up, but games having no bearing on the championship may be canceled by mutual consent of the teams involved.
- All games will be seven innings. Four and one half innings will constitute a legal game if the home team is ahead, five innings if the visiting team is ahead.
- Suspended games. If a game has gone the number of innings to become a legal game and is suspended with the score tied, the game will be rescheduled from that point.
- In conference games the Ten Run Rule will apply. The Ten Run Rule may be waived by mutual consent of both coaches before the game begins. A game may end at any time after five innings.
- Warm-up regulations. Each team will have the infield for fifteen minutes for general warm-up. Home team has the field first. The visiting team will not be allowed batting practice at the home site on the day of a game.
- The host school Athletic Director will notify the visiting team by 2:00 p.m. of a postponement.
- SLC games will play Ten Run Rule for Junior Varsity (JV) and freshman contests or terminate the game after two and one half hours if it is not tied. An inning started must be completed. This 2½-hour time limit is from time the game is scheduled to start 4:30 p.m. (7:00 p.m.)
- In case of a postponement, the Athletic Director of the host school will notify umpires and arrange umpires for the make-up game.
- W.I.A.A. rules and regulations will be followed.
- Conference Champion – Trophy

All-Conference Selection:

All Conference selections – Ten (10) Individual plaques Eight (8) Position Two (2) Pitchers - Second Team selections – Ten (10) Individual certificates Eight (8) Position Two (2) Pitchers - Honorable Mention – One (1) Athlete per school Athlete of the Year – Inscribed on their Plaque

All nominees are to be made before the voting starts.

1. Identify the number of athletes for first and second team. Example: 4 infielders for first team plus 4 infielders for second team (8 athletes total).
2. Vote for eight infielders by awarding 8 points for the top athlete down to 1 for the last pick. You may not vote for your own player.
3. The top 4 point totals are on the first team and the next 4 are on the second team.
4. The breakdown is the following.

Pitchers-2 first team plus 1 second team
 Catchers-1 first team plus 1 second team
 Infielders- 4 first team plus 4 second team
 Outfielders-3 first team plus 3 second team

5. Athlete of the Year format from the Conference Constitution page 7, article 5. “From the 1st Team, All-Conference nominations are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honors, statistics, contributions to team’s success), academic achievements and character (sportsmanship, leadership, conduct). Athlete of the Year is a separate ballot in all-sports-voted on after all other selections have been completed.
6. Honorable Mention

Any athlete who receives two or more votes from opposing coaches receives Honorable Mention. If no athlete were honorable mention from a school, the coach may choose one.

SECTION 5 – BASKETBALL (BOYS & GIRLS)

Supervising Athletic Director:

Boys: Jim Kluge – Badger
Girls: Kelly Dineen - Wilmot

Officials:

2010-11 Season – 2 person crews will be hired by the commissioner.
2011-12 Season – 3-person crews will be hired by the commissioner.

Media/Results:

Host school will be responsible for posting on rSchool site.

Conference Schedule:

The conference schedule will consist of a double round robin. The best won and loss record in all conference games will determine championships.

The procedure will be as follows:

- a. Teams will have a twenty-minute warm-up period.
- b. Home school will provide a cart of basketballs for warm-up for Junior Varsity (JV) and varsity games.
- c. School songs may be played during the warm-up period.
- d. The Star Spangled Banner will be played.
- e. Players will be introduced.
- f. The game officially starts at 7:00 p.m.

The home team will wear light colored jerseys and the visiting team will wear dark colored jerseys.

Junior Varsity (JV) and freshmen games will start at 5:30 p.m. Starting times may be changed by mutual agreement of the schools involved. (Westosha Central and Burlington freshman games start at 4:00 PM, Junior Varsity (JV) games will start at 5:30 PM).

Quarters for Junior Varsity (JV) and freshmen teams will be eight (8) minutes with ten (10) minute halves. Overtime periods will be two (2) minutes.

Varsity contests will have eight (8) minute quarters and a ten (10) minute halftime. Overtime periods will be four minutes.

W.I.A.A. rules and regulations will be followed.

Conference Champion – Trophy

All-Conference Selection:

All Conference selections – Five (5) Individual plaques Second Team selections – Five (5) Individual certificates Honorable Mention – One (1) Athlete per school Athlete of the Year – Inscribed on their Plaque
All nominees are to be made before the voting starts.

1. Identify the number of athletes for first and second team. The All-Conference voting will follow after sharing statistics and coaches comments.
2. Vote for ten athlete's by awarding 10 points for the top athlete down to 1 point for the last pick. ***Do not vote for your own player.
3. Top 5 point totals are on the first team and the next 5 are on the second team.
4. Athlete of the Year format from the Conference Constitution page 5, article 5. "From the 1st Team All-Conference nominations are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. ***Note: Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honors, statistics, contributions to team's success), academic achievements and character (sportsmanship, leadership, conduct). Athlete of the Year is a separate ballot in all-sports-voted on after all other selections have been completed.
5. Honorable Mention

Any athlete who receives two or more votes from opposing coaches receives honorable mention.

If no athletes were honorable mention from a school, the coach may choose one.

SECTION 6 – *CROSS COUNTRY (BOYS AND GIRLS)*

Supervising Athletic Director: Michael Blair – Waterford

Equipment: As specified in WIAA Season Regulations

Officials: Two licensed WIAA officials required at SLC Relays and SLC Conference Meet. Assigned by the conference commissioner with assistance from the host school.

Media/Results: Host school for SLC Meet (or WI Runner Timing) responsible for sending scores/results to conference commissioner, school site, and the press.

Conference Schedule: The conference schedule shall consist of conference relays (all eight schools) and the Conference meet (all eight schools). The conference meet will determine the conference champion.

Conference Relays: The Conference Relays will be hosted on rotational basis and each school shall be assessed an entry fee to cover officials, workers, and awards. The host school will have a choice of hosting the meet on Thursday, Friday, or Saturday of the season's fourth (4th) week. Rain date will be the following Monday.

Order of Events:	<u>Even year</u>	<u>Odd year</u>
	Frosh/Soph Boys	Frosh/Soph Girls
	Jr/Sr Boys	Jr/Sr Girls
	Frosh/Soph Girls	Frosh/Soph Boys
	Jr/Sr Girls	Jr/Sr Boys

Awards: Top three (3) boys & girls at each grade level will receive medals. 1st place = gold; 2nd place = silver; 3rd place = bronze

Conference Meet: The Conference Meet shall be hosted by Westosha Central at UW-Parkside.

At least one week prior to conference meet, the host meet director will provide maps of both boys' and girls' courses and he/she will provide other information pertinent to the running of the meet to all conference schools. Host school shall provide a cell phone number at meet site to all schools.

In the conference meet, schools shall be placed by lottery (conducted by host school) on the starting line. The starting line shall be lined, painted, or boxed. Starting line is numbered 1 – 8 from left to right.

In the conference meet, each school will be allowed an unlimited number of JV entrants, but not more than eight (8) varsity runners may represent any school in varsity race. Host school will get waiver from WIAA prior to race. All eight runners are eligible for conference awards, but only five (5) count in the team scoring and two as displacers.

The SLC meet shall begin at 9:15 AM on Saturday prior to WIAA Sectionals. The visiting teams shall be allowed a 15-minute warm-up period before meet begins. The head coaches will hold a meeting 30 minutes prior to start of first race. If a

team has not reported 30 minutes prior to start of first race, the head coaches and meet manager will decide an appropriate action to take. The conference meet course shall be marked at the ½ mile, mile, kilometer, and two-mile points.

Order of events:	<u>Even Year</u>	<u>Odd Year</u>
	JV Boys	JV Girls
	Varsity Boys	Varsity Girls
	JV Girls	JV Boys
	Varsity Girls	Varsity Boys

The conference champions (boys and girls) will be determined by adding the place points of the top five (5) runners. If a team cannot field five runners, the individual scores are taken out before the team scores are tabulated. Runners from partial teams are eligible for individual awards. Conference champions (boys and girls) will receive a trophy.

All-Conference Selection: The first twelve (12) runners for both boys and girls at the conference meet will be considered all-conference and receive medals.

1st place = gold; 2nd place = silver; 3rd place = bronze; 4th – 12th = pewter

Each school will be able to name one boy and one girl as Honorable Mention all-conference runner (head coaches' discretion). There will be eight honorable mention all-conference runners for each gender.

Financial Responsibility: After completing the meet and totaling the costs of facility rental, timing system, workers, and other miscellaneous costs, the host school will divide the expenses equally among the eight schools and send an invoice for that amount to the schools.

SECTION 7 – FOOTBALL

Supervising Athletic Director:	Dave Pettit, Union Grove
Equipment:	WIAA rules will be followed regarding the official conference football.
Officials:	Varsity officials assigned by conference commissioner.
Media/Results:	Adam Brechtel, Waterford
Conference Schedule:	The Conference schedule will consist of a round robin. The best won and loss record in all conference games will determine the Conference Champion.

Starting time for varsity games is 7:00 p.m.

The procedure for the start of varsity games:

- a. No locker room facilities for visiting teams will be available prior to 5:30 p.m.
- b. The field clock is the official timing device for the game warm-up period, half-time intermission and the game.
- c. Before the game, teams may be restricted from the 20-yard line to the end zone with 10 minutes left on the official clock to allow the band, cheerleaders, and/or pom/dance to take the field.

Field agenda:

- a. 6:35 p.m. Coin toss and set field clock at 20 minutes
- b. 6:40 p.m. Officials inspect field and field clock turned on
- c. 6:55 p.m. Introduction of teams*
- d. 6:58 p.m. National Anthem – teams are to be on the field
- e. 7:00 p.m. Kick-off

*At the discretion of the host school c & d switch spots

Half-time intermission will be 15 minutes, plus a 3-minute warm-up period. Officials will notify teams when they are to report to the field for the second half. If schools need an extended halftime, the home team will notify the opposing team and officiating crew chief of the additional 5 minutes at halftime.

SLC schools may videotape or scout each opponent as many times as an individual school determines is necessary, including scrimmages. The exchanging of the videotapes will be one week prior to game date.

Junior Varsity (JV) games will be scheduled for the day prior to the varsity game for that week. The game will be played at the site opposite the varsity game. Junior Varsity (JV) team games will start at 6:15 p.m. unless other arrangements are made between the Athletic Directors of the two schools involved.

Freshman games will be played at 4:30 p.m. unless other arrangements are made by the Athletic Directors of the schools involved. The game will be played at the site opposite the varsity game. No overtime periods in freshmen football.

Quarters for freshman games will be nine (9) minutes. Halftime will be ten (10) minutes total.

Quarters for Junior Varsity (JV) games will be Ten (10) minutes. Halftime will be Ten (10) minutes total.

Juniors playing on the Junior Varsity (JV) shall be allowed to play on the varsity. However, they cannot be starters on the varsity offensive or defensive team.

The home team will wear dark jerseys and the visiting team will wear light jerseys.

The official timer will check with the game officials prior to the game to go over timing procedures and signals.

W.I.A.A. rules and regulations will be followed.

Conference football tie breaking procedures for W.I. A.A. playoff seeding.

a. Two way tie i. Head-to-Head competition

Three-way Tie

- a. The team is designated as conference champion whose conference opponents they have beaten have had the highest overall conference winning percentage.
- b. If the outcome of a. reduces the three-way tie to two teams, then revert to Head-to-Head competition.
- c. When three teams tie, the team which allows the lowest points in the 1st half will be designated as conference champion (NOTE: If two of the three teams tie in least points allowed in the 1st half, then Head-to-Head competition will designate the conference champion).
- d. Next, the lowest points allowed in games between the three teams tied will designate the conference champion. (NOTE: If two of the three teams tie in least points allowed in a game, then Head-to-Head competition will designate the conference champion).
- e. Finally, if there is still a three-way tie, the Conference Commissioner will break the tie with a coin flip. The odd coin will designate the conference champion for W.I.A.A. playoff seeding.
- f. If in the event that a team has a conference forfeited game on its record, that game along with the games involving the other schools will not count towards determination of a conference champion in the above situations when breaking ties amongst 3 or more schools.

Conference Champion – Trophy

All-Conference Selection:

All conference awards 1st team – Individual Plaques (11) Offense = 1 quarterback, 2 running backs, 2 receivers, 5 linemen, and 1 tight end (11) Defense = 4 defensive linemen, 4 linebackers, and 3 defensive backs. (1) Kicker (1) Punter. All conference awards 2nd team – Individual Certificates (11) Offense = 1 quarterback, 2 running backs, 2 receivers, 5 linemen, and 1 tight end (11) Defense = 4 defensive linemen, 4 linebackers, and 3 defensive backs. (1) Kicker & (1) Punter Honorable Mention – One (1) athlete per school Athlete of the Year – Inscribed on their Plaque

Football-Defense

All nominees are to be made before the voting starts.

1. Identify the number of athletes for first and second team. Example: 4 defensive linemen for first team plus 4 defensive linemen for second team.
2. Vote for eight defensive linemen by awarding 8 points for the top athlete to 1 point for the last pick. You may not vote for your own player.
3. The top 4 point totals are first team and the next 4 are second team.
4. The voting for All-Conference will follow after sharing statistics and coaches comments.
5. The breakdown is the following:
 - Defensive Linemen-4 first team plus 4 second team
 - Linebackers-4 first team plus 4 second team
 - Defensive Backs-3 first team plus 3 second team
 - Punter-1 first team plus 1 second team
6. Athlete of the Year format from the Conference Constitution page 7, article 5. “From the 1st Team All-Conference nominations are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honors, statistics, contributions to team’s success), academic achievements and character (sportsmanship, leadership, conduct). Athlete of Year is a separate ballot in all-sports-voted on after all other selections have been completed.”
7. Honorable Mention

Any athlete who receives two or more votes from opposing coaches receives Honorable Mention.

If no athlete were honorable mention from a school, the coach may choose one.

Football-Offense

All nominees are to be made before the voting starts.

1. Identify the number of athletes for first and second team. Example: 1 quarterback for first team plus one quarterback for second team.
2. Vote for two quarterbacks. The top athlete receiving the most total points is first team and the athlete receiving the second most points is second team. Coaches may not vote for your own player.
3. The voting for All-Conference will follow after sharing statistics and coaches comments.
4. The breakdown is the following.

Quarterbacks-1 first team plus 1 second team
 Running Backs-2 first team plus 2 second team
 Receivers-2 first team plus 2 second team
 Linemen-5 first team plus 5 second team
 Tight Ends-1 first team plus 1 second team
 Kicker-1 first team plus 1 second team

5. Athlete of the Year format from the Conference Constitution page 7, article 5. "From the 1st Team All-Conference nominations are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honors, statistics, contributions to team's success), academic achievements and character (sportsmanship, leadership, conduct). Athlete of the Year is a separate ballot in all-sports-voted on after all other selections have completed."
6. Honorable Mention

Any athlete who receives two or more votes from opposing coaches Receives Honorable Mention. If no athlete were honorable mention from a school, the coach may choose one.

SECTION 8 – BOYS GOLF

- Supervising Athletic Director:** Kris Allison – Westosha Central
- Media/Results:** Host school to post on rSchool.
- Conference Schedule:** Starting time for conference matches shall be 3:30 p.m. unless course availability dictates an earlier starting time.
- All varsity matches shall be played to completion by all team members.
- Postponed contests will be rescheduled by mutual consent of both schools involved. Starting times will be determined by availability of the course.
- In all conference matches, if the four low scores of each team result in a tie, the fifth player's scores will be used to break the tie. If the fifth player's scores do not break the tie, the match will remain a tie.
- Unless waived by local rules, W.I.A.A. rules and regulations shall prevail.
- Host school shall inform the visiting schools of course rules regarding attire and footwear.
- Conference Meet:** The conference golf meet will be hosted on a rotating basis.
- Starting time for the conference meet will be determined by the availability of the course.
- All matches will be played to completion by all team members.
- Pairings for the conference meet will be according to each player's position on the team. The fifth ranked players will tee off first, followed by the 4th, 3rd, 2nd, and 1st ranked players. Shotgun start may be use if course allows it, and weather permits it.
- W.I.A.A. and U.S.G.A. rules and regulations shall apply to all matches.
- If course conditions warrant and coaches agree, summer rules shall apply otherwise winter rules shall be used for dual competition matches.
- Games Committee for the conference meet will include:
- a. Three Athletic Director's (or designated persons) representing the present host school.
 - b. Last year's host school.
 - c. Next year's host school
 - d. The Golf Pro at the course.
- In the event of a tie at the Conference Tournament for individual champion, there shall be a sudden death playoff, if course availability allows. If course is not available, WIAA tiebreaker will apply.

If every golfer in the Conference Tournament completes nine holes and inclement weather prevents the completion of the meet, the completed nine will determine the placement of the teams and individuals in the Conference Tournament.

Conference Champion:

For each dual meet victory, each team will receive one point. One point will also be awarded for a dual meet victory during the mini-meets.

For each team that a school defeats at a mini-meet, they will receive two points towards the conference championship.

For each team that a school defeats at the conference tournament, they will receive two points towards the conference championship.

Awards:

A. **TEAM**

Conference Champion – Trophy

B. **INDIVIDUALS**

The all conference teams will be determined by the results of the 3 mini-meets and the conference meet. There will be five nine-hole scores. The four best nine-hole scores will be averaged. The five lowest scoring averages will make up the 1st team all-conference. Numbers six through ten scoring averages will be the 2nd team all-conference.

First through tenth place* – Medals *Ties are broken by W.I.A.A. procedure Honorable Mention – One (1) athlete per school Athlete of the Year – Plaque

Financial Responsibility:

Entry fees determined by host school.

SECTION 9 – GIRLS GOLF

- Supervising Athletic Director:** Kris Allison, Westosha Central
- Media/Results:** Host school to post on rSchool.
- Conference Schedule:** Starting time for conference dual matches shall be 3:30 p.m. unless course availability dictates an earlier starting time.
- Postponed contests will be rescheduled by mutual consent of both schools involved. Starting times will be determined by availability of the course.
- In all conference matches, if the four low scores of each team result in a tie, the fifth player's scores will be used to break the tie. If the fifth player's scores do not break the tie, the match will remain a tie.
- Unless waived by local rules, W.I.A.A. rules and regulations shall prevail.
- Host school shall inform the visiting schools of course rules regarding attire and footwear.
- Conference Meet:** The Southern Lakes Conference 18-hole championship meet will alternate each year to the sight of the host school's course. Starting time for the conference meet will be determined by the availability of the course.
- All matches will be played to completion by all team members.
- The pairing for the Southern Lakes Conference 18-hole meet will be as follows:
- Top four teams #1's, Bottom four teams #1's,
 - Top four teams #2's, Bottom four teams #2's,
 - Top four teams #3's, Bottom four teams #3's,
 - Top four teams #4's, Bottom four teams #4's, and
 - Top four teams #5's, Bottom four teams #5's
- W.I.A.A. and U.S.G.A. rules and regulations shall apply to all matches.
- If course conditions warrant and coaches agree, summer rules shall apply otherwise winter rules shall be used for dual competition matches.
- Games Committee for the conference meet will include:
- a. The host school's coach.
 - b. The athletic director in charge of girls golf (or designated person).
 - c. Last year's host school's coach or athletic director (or designated person).
 - d. Next year's host school's coach or athletic director (or designated person).
 - e. The Golf Pro at the course if available.

If every golfer in the Conference Tournament completes nine holes and inclement weather prevents the completion of the meet, the completed nine will determine the placement of the teams and individuals in the Conference Tournament.

Team Conference Champion:

The conference schedule shall consist of a single round robin of dual matches. Total points accumulated in the dual matches and Conference Tournament shall determine the conference champion. The following point system shall be used:

- a. A dual match victory shall count as two (2) points and a tie shall count as 1 (1) point.
- b. A team shall be awarded four (4) points for each team it places ahead of in the 18 – hole Conference Tournament or two (2) points for each team it places ahead of in a 9 – hole Conference Tournament which was shortened due to inclement weather.
- c. Teams tying shall split the points.
- d. The Team Conference Champion will be determined by the total team points earned from the seven (7) dual meets being added to the team points earned at the Conference Meet.

Individual Conference Player of the Year and All Conference Teams:

All Conference Individual Points will be determined by adding the points earned from the dual meets and the points earned by placing in the top 30 golfers of the Conference Meet.

If there is a tie in dual meets or the conference meet, the individual points will be split evenly. Dual meet points will come from the best 5 of the 7 dual meets.

In dual meets points will be awarded as follows, 1st place – 10 points, 2nd place – 9 points, 3rd – 8 points, 4th place – 7 points, 5th place – 6 points, 6th place – 5 points, 7th place – 4 points, 8th place – 3 points, 9th place – 2 points, and 10th place – 1 point. If a golfer is disqualified she will receive 0 points.

In the 18 – hole Conference Meet points will be awarded as follows, 1st place – 30 points, 2nd place – 29 points, 3rd place – 28 points, ..., 28th place – 3 points, 29th place – 2 points, 30th place – 1 point.

Awards:

TEAM

Conference Champion – Trophy

INDIVIDUALS (Conference Meet)

5 – 1st Team all conference medals

5 – 2nd Team all conference medals

Honorable Mention – One (1) athlete per school

Athlete of the Year - Plaque

SECTION 10 – GYMNASTICS

Supervising Athletic Director:	Eric Plitzuweit, Burlington
Equipment:	If host school's equipment does not meet needs of athletes, opposing school should be allowed to bring own equipment to facilitate athletes' needs.
Officials:	Conference Commissioner will assign officials for the Conference Meet (10) and dual meets (3). The participating conference schools will pay the official's fees.
Media/Results:	Host school to post on rSchool.
Conference Schedule:	<p>The conference schedule will consist of a round robin of dual meets with all schools involved in gymnastics. Meet won-loss records and the finish in the Conference Meet will determine the Conference Championship. Award one point for a win and ½ point for a tie in dual meet competition. In conference meet, for each team you finish ahead of, you will be awarded one (1) point and teams that tie will split the points of both teams. Results will be added together to determine the S.L.C. Champion.</p> <p>Gymnastic meets will begin at 6:30 p.m. with the exception of Whitewater at 7:00 p.m. They may start at an earlier time with mutual consent of the athletic directors of schools involved.</p> <p>Judges seating must follow Rule 2, Article 1: Duties of Judges.</p> <p>Event rotations for varsity dual meet will be Vault; Bars; Beam; Floor.</p> <p>If a judge fails to show for a meet, the other two judges run the varsity meet and J.V. meet is run as an exhibition with no scoring in the J.V. meet.</p> <p>The warm-up period will be sixty minutes (1 hour). Visitors are at school at 5:00 PM. Warm-up for a 6:30 PM meet, start at 5:20 PM.</p> <p>W.I.A.A. rules and regulations will be followed. Coaches will determine their line-up for conference and dual meets.</p>
Conference Meet:	<p>The site for the Conference Meet will be determined on a rotating basis as established by the two-year schedule.</p> <p>Games Committee for the conference meet will include:</p> <ol style="list-style-type: none"> Athletic Director from the host school or meet manager. Four superior judges.

AWARDS**A. TEAM**

Varsity Conference Champion – Trophy
JV – no award

B. INDIVIDUALS

Varsity - 1 -6 for each event.
Medals: First – Gold, Second – Silver, Third – Bronze,
Fourth – Pewter, Fifth – Pewter, Sixth – Pewter. The
second place finisher is considered 2nd team all-
conference. Honorable Mention – One (1) athlete per
school Athlete of the year – Plaque
JV - No individual awards given (no medals awarded).

All-Conference Selection:

All nominees are to be made before the voting starts.

1. Identify the number of athletes for first and second team. The All-Conference voting will follow after sharing statistics and coaches comments.
2. Vote for ten athlete's by awarding 10 points for the top athlete down to 1 point for the last pick. ***Do not vote for your own player.
3. Top 5 point totals are on the first team and the next 5 are on the second team.
4. Athlete of the Year format from the Conference Constitution page 5, article 5. "From the 1st Team All-Conference nominations are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. ***Note: Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honors, statistics, contributions to team's success), academic achievements and character (sportsmanship, leadership, conduct). Athlete of the Year is a separate ballot in all-sports-voted on after all other selections have been completed.
5. Honorable Mention

Any athlete who receives two or more votes from opposing coaches receives honorable mention.

If no athletes were honorable mention from a school, the coach may choose one.

Financial Responsibility:

Divided equally amongst participating conference schools.

SECTION 11 – *SOCCKER (BOYS AND GIRLS)*

- Supervising Athletic Director:** Eric Plitzuweit, Burlington
- Officials:** Will be assigned by the Soccer Referee assigning unit. 2 officials for the JV game and 3 officials for the varsity game.
- Media/Results:** Host school to post on rSchool.
- Conference Schedule:** The conference schedule will consist of a single round robin followed by a seeded top 4 bracket and seeded bottom 4 bracket to complete the season. The conference championship will be determined by the total points earned during the combination of round robin (7 games) and the bracket games (2 games).

Bracket format:

- 1) Tuesday games: Top 4 1 vs 4 and 2 vs 3
 Bottom 4 5 vs 8 and 6 vs 7
- 2) Thursday games: Top 4 Winners play & losers play
 Bottom 4 Winners play & losers play
- 3) Higher seeded team will host on Tuesday. Higher seeded winning team will host on Thursday. Be aware there may be scheduling issues because of FR/JV football schedules.
- 4) All games will count towards the final standings. However, a bottom 4 team may not jump into the top 4 for final standings.
- 5) JV teams will follow their varsity teams on Thursday games.
- 6) Point system is the same throughout the season (3-0-1).

TIE-BREAKING PROCEDURES: (for seeding purposes)

- 1) Head to head results
- 2) 1st Half goals allowed (between the schools tied)
- 3) 1st Half goals scored (between the schools tied)
- 4) Coin Flip

Conference Junior Varsity (JV) games will begin at 4:30 p.m. Varsity games will start 15 minutes after Junior Varsity (JV) game or 6:30 p.m., whichever is later. Other starting times are permitted with mutual agreement by the athletic directors of the schools involved.

All regular season games will consist of:

- a. Two (2) forty (40) minute halves with a ten (10) minute break between halves.
- b. Both varsity teams must have a minimum of a ten (10) minute warm-up on the game field.

Postponed games will be rescheduled by mutual consent of both schools involved. Failure to reach a mutual consent will be resolved by the principals of schools involved. Any game involving the championship must be made up, but games having no bearing on the championship may be canceled by mutual consent of teams involved.

The home team will wear light jerseys and the visiting team will wear dark jerseys.

W.I.A.A. rules and regulations will be followed.

There is no overtime period in J.V. Soccer matches.

AWARDS

A. TEAM

Conference Champion – Trophy

All-Conference Selection:

All-Conference selections – Eleven (11) individual plaques 4 forwards 3 midfielders 3 defenders 1 goalkeeper. Second team selections – Eleven (11) individual certificates 4 forwards 3 midfielders 3 defenders 1 goalkeeper. Honorable Mention – One (1) athlete per school Athlete of the year – Plaque

All nominees are to be made before the voting starts.

1. Identify the number of athletes for first and second team. Example: 4 forwards for first team plus 4 forwards for second team equals 8 athletes.
2. Vote for eight forwards by awarding 8 points for the top athlete down to 1 point for the last pick. Do not vote for your own player.
3. Top 4 point totals are on the first team and the next 4 are on the second team.
4. The All-Conference voting will follow after the sharing of statistics and coaches comments.
5. The breakdown is the following.
 - 4 forwards for first team plus 4 forwards for second team
 - 3 midfielders for first team plus 3 forwards for second team
 - 3 defenders for first team plus 3 defenders for second team
 - 1 goalkeeper for first team plus 1 goalkeeper for second team
6. Athlete of the Year format from the Conference Constitution page 7, article 5. “From the 1st Team All-Conference nominations are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honor, statistics, contributions to team’s success), academic achievements and character (sportsmanship, leadership, conduct). Athlete of the Year is a separate ballot in all-sports-voted on after all other selections have been completed.”
7. Honorable Mention

Any athlete who receives two or more votes from opposing coaches receives honorable mention. If no athletes were honorable mention from a school, the coach may choose one.

SECTION 12 – *SOFTBALL*

- Supervising Athletic Director:** David Pettit – Union Grove
- Equipment:** The official Conference softball shall be the Dudley optic yellow ball with red stitches.
- Officials:** 2 umpires will be hired by the conference commissioner for conference games.
- In case of postponement, the athletic director of the home school will notify umpires and arrange for umpires for the make-up game.
- Media/Results:** Host school to post on rSchool.
- Conference Schedule:** The conference schedule will consist of a double round robin of games with all conference schools. The Conference Championship will be determined by conference won-loss record.
- Softball games will begin at 4:30 p.m. Games may begin earlier or later by mutual consent of the schools involved.
- Postponed games will be rescheduled by mutual consent of both schools involved. Failure to reach a mutual consent will be resolved by the principals of schools involved. Any game involving the championship must be made up, but games having no bearing on the championship may be canceled by mutual consent of teams involved.
- All games will be seven innings. Four and one half innings will constitute a legal game if the home team is ahead, five innings if the visiting team is ahead.
- Suspended games. If a game has gone the number of innings to become a legal game and is suspended with the score tied, the game will be rescheduled from that point.
- A regular season game that is called for any reason, where a winner cannot be determined, will be treated as a suspended game. If the game is to be completed, it will be continued from the point of suspension. (The game is to be completed unless both coaches agree not to.)
- In conference games the 10 run rule will apply. The 10 run rule may be waived by mutual consent of both coaches before the game begins. A game may end at any time after five innings.
- The International tie-breaker will not be used for conference games.
- Warm-up regulations. Each team will have the infield for 15 minutes for general warm-up. Home teams have the field first. The visiting team will not be allowed batting practice at the home site on the day of the game.

The host school athletic director will notify the visiting team by 2:00 p.m. in case of postponement.

SLC games will play Ten Run Rule for Junior Varsity (JV) and freshmen contests. There is a 2 hour time limit is from time the game is scheduled to start 4:30 p.m. (6:30 p.m.). Any inning started, must be completed.

Awards:

Team

Conference Champion – Trophy

All-Conference Selection:

All Conference selections – Ten (10) Individual plaques Eight (8) Position Two (2) Pitchers Second Team selections – Ten (10) Individual plaques Eight (8) Position Two (2) Pitchers Honorable Mention – One (1) Athlete per school Athlete of the Year – Inscribed on their Plaque

All nominees are to be made before the voting starts.

1. Identify the number of athletes for first and second team. Example: 4 infielders for first team plus 4 infielders for second team (8 athletes total).
2. Vote for eight infielders by awarding 8 points for the top athlete down to 1 for the last pick. You may not vote for your own player.
3. The top 4 point totals are on the first team and the next 4 are on the second team.
4. The breakdown is the following:
 - Pitchers-2 first team plus 1 second team
 - Catchers-1 first team plus 1 second team
 - Infielders- 4 first team plus 4 second team
 - Outfielders-3 first team plus 3 second team
5. Athlete of the Year format from the Conference Constitution page 7, article 5. “From the 1st Team, All-Conference nominations are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honors, statistics, contributions to team’s success), academic achievements and character (sportsmanship, leadership, conduct). Athlete of the Year is a separate ballot in all-sports-voted on after all other selections have been completed.
6. Honorable Mention

Any athlete who receives two or more votes from opposing coaches receives Honorable Mention. If no athlete were honorable mention from a school, the coach may choose one.

SECTION 13 – SWIMMING (BOYS AND GIRLS)

Supervising Athletic Director: Dean Wilson, Elkhorn Area

Officials: Assigned by the conference commissioner with assistance from host schools. 2 officials for dual meets, 3 for the relays and championship meet.

Games Committee Consisting of: referee, starter, meet manager, and two coaches not from the same school or host school.

Media/Results: Host school to post on rSchool

Conference Schedule: The conference schedule will consist of a round robin of dual matches with all schools involved and conference relays and conference meet with all teams. The conference champion will be determined by using the conference dual meet record and the order of finish in the conference meet. Two points will be awarded for a dual meet win, one for a tie, and zero for a loss. The point value for places in the conference meet will be 4 points for each team you best at the conference meet. Points earned in conference dual meet competition will be added to points earned in the conference meet to determine conference champion.

Order of events will be the same as those established in the sport regulations section of the W.I.A.A. Handbook.

- a. All swimming events will be timed finals.

Number of participants:

- a. Each school may enter six relay teams. Each school would be limited to no more than two relay teams in each relay event.
- b. Twenty-four individual event entries for the other nine events (including diving is one of the sanctioned events).

A competitor shall be permitted to enter a maximum of four events, of which no more than 2 may be individual events. A swimmer could compete in 3 relays and 1 individual event.

Entry Regulations:

- a. Meet manager should receive all entry forms by the Tuesday preceding the conference meets.
- b. All seed times for the conference meet will be submitted to hundredths of a second. Seed times will be rounded 'up' to '9' when submitted to the nearest tenth instead of hundredth. (Example: time provided is 25.2; times used for seeding will be 25.29).

- c. Seeding will take place Wednesday afternoon-changes must be called in by Wednesday 4 p.m. on Conference Meet week.
- d. The scratch rule for the Conference Meet will be the same as used in the W.I.A.A. Sectional Meet. Rule will be found in W.I.A.A. Fall & Winter Edition of Season Regulation under Rules Governing competition, Letter G.
- e. Composition of relay teams; all relay cards must be turned in at 10:15 a.m. or at the conclusion of the coaches meeting. Changes can be made as follows:
 - i. Medley Relay – by 10:15 or conclusion of the coaches meeting
 - ii. 200 Free Relay – by the beginning of the 500 Free Relay
 - iii. 400 Free Relay – by the beginning of the Backstroke

Scoring-National Federation Rules with any W.I.A.A. modifications.

If a school wishes to change the date of a relay or conference meet, every member school must be surveyed (A.D. and coach both). The host school must inform all members of the outcome of the survey. A change in dates should only happen in emergency situations.

Cancellation of Championship Meets – In the event of inclement weather which prevents one or more member schools from attending a conference meet, the event shall be rescheduled by the host school for the following Monday. Conference relays will be held at the discretion of the host athletic director provided a minimum of six schools are present.

Conference Meet:

Varsity – order of events follow WIAA guidelines.
JV – no JV conference meet.

Conference Relays:

ORDER OF EVENTS

1. 200 yard/meters Medley relay
2. 200 yard/meters Freestyle relay
3. 400 yard/meters Individual Medley relay **10 minute break**
4. 200 yard/meters Butterfly relay
5. 100 yard/meters Freestyle relay
6. 500 yard/meters Crescendo relay (50-100-150-200) **10 minute break**
7. 400 yard/meters Backstroke relay
8. 400 yard/meters Breaststroke relay
9. 400 yard/meters Freestyle relay

Entries– Each participating team is allowed to enter a total of 12 relay teams in the 8 relay events. If a team chooses to NOT enter a crescendo relay, it still has only the (3) extra entries to distribute among the other 8 relays. A contestant may participate in four events. a. Conference relay entry procedures requires schools to indicate on their entry form if they either will or will not enter a team(s) in a relay event with a seed time commensurate with ability of the swimmers comprising the team. Names

of the participants will be placed on entry cards prior to the start of the meet.

The starting time of the conference relays will be 11:00 a.m. if held on a Saturday and 5:30 p.m. if held on a weekday. Cost of the conference relays will be divided among schools:

Seeding

- a. All entry forms should be received by the Thursday preceding the relay meet.
- b. The meet manager shall do seeding the day prior to the meet from times submitted in English measurement only.
- c. Timed finals will be used to determine places in all swimming events.

Scoring at conference relays will be 16 places individual scoring used in the conference meet.

Place: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
Points: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1

Results and Records

Shall be sent to the executive secretary immediately following the meet.

RULES GOVERNING COMPETITION:

Where facilities permit in double dual meets schedule by the conference, the three slowest swimmers will swim in the first section and the next six fastest in the second section. Where facilities do not permit six swimmers, the available lanes shall be filled with swimmers with fastest established times.

Each team will be permitted to enter three competitors of available facilities. Timed final will be used at these schools to determine winners in those events where the number of competitors exceeds the number of available lanes.

Starting time for all conference dual meets is 6:00 p.m. unless schools involved mutually agree to change.

Visiting schools are prohibited from using stereo, tape decks, and related radio equipment at all conference meets including the pool area and locker room.

Conference dual meet results are to be reported to the Commissioner by the next Monday following competition.

Junior Varsity (JV) will be permitted to swim in all scheduled conference dual and double-dual meets and score kept if both schools have competitors in at least six events.

Six-lane scoring will be used in all dual meets in a pool with less than six lanes.

Diving will not be a team-scoring event in dual and championship meets.

Conference relay records are to be kept in both meters and yards because conversion tables are not available for relay meets. Conference meet records will be kept in yards (English measurement) only. When a meter pool is used for a conference meet competition, times will be converted to (English measurement) by using the conversion table developed by the National Interscholastic Swimming Coaches Association.

PROTESTS:

The meet referee must be informed within 30 minutes following the completion of the meet that a protest is being made. Within twenty-four hours the school's conference representative is to formalize, in writing, the nature and basis of the protest.

Protests are to be filed with the Commissioner who shall call a special meeting for the purpose of providing an opportunity for the aggrieved schools to be heard. At the conclusion of the hearing of the protest, the conference representatives shall make a decision to deny or affirm the protest.

Host Conference Meets: a. Conference meets will be rotated among conference schools as scheduled by the Commissioner and approved by the conference athletic directors.

AWARDS:

The conference champion will receive a trophy and in case of tie, duplicate trophies will be awarded. Medals will be awarded to 1st through 6th place finishers in individual events and 1st through 3rd place finisher's for relay events.

Conference Relays: A plaque will be awarded by the conference to the winner of the conference relays. Medals for first, second, and third place for each of the nine relay events.

In case of a tie, duplicate trophies will be awarded. The recipient of the award available at the time will be decided by a flip of the coin.

Honorable Mention – (1) one athlete per school Athlete of the Year – (1) one plaque for boys and one plaque for girls

All-Conference Selection:

First place finishers at the conference swim meet.

Financial Responsibility:

Divided equally amongst participating conference schools.

SECTION 14 – TENNIS (BOYS AND GIRLS)

Supervising Athletic Director: Jim Kluge, Badger

Media/Results: Host school to post on rSchool.

Conference Schedule: The conference schedule will consist of a single round robin of dual matches with all schools involved. Dual won-loss records and the finish in the Conference Meet will determine the Conference Championship. Results will be added together to determine the SLC Champion. A dual victory will count as two (2) points and a tie will count as one (1) point.

Conference dual matches will consist of four singles and three doubles. No crossover's allowed.

At home duals, the host school shall provide balls.

Upon arrival of opposing team, approximately 4:15 p.m. or sooner, with appropriate warm-up times provided, the match may start. No schools will be allowed early dismissal for a conference dual meet.

Varsity and junior varsity matches will be played at the same site unless other arrangements are made.

Conference Meet: *Team scoring:* At the Conference tournament, for each team you finish ahead of, you will be awarded two (2) points and teams that tie will split the points of both teams.

Scoring:

Scoring at each flight will be the following:	
1 st Place	6 points
2 nd Place	4 points
3 rd Place	3 points
4 th Place	2 points
5 th Place	1 point

Schools will serve as host on a rotating schedule. Sites will be determined by the availability of suitable courts.

- a. Seed meeting will be either Tuesday or Wednesday the week of the conference meet. School hosting the meet will conduct the seed meeting.
- b. The conference meet will be played at 2 different sites on Thursday. Singles at a site and doubles at another. Start time will be 1:00 PM. Rain date is Friday.
- c. Play will resume on Saturday, with all matches played at the host school. Start time will be 8:00 AM. Rain date is Monday.

The meet manager shall determine games Committee for the Conference Meet.

SLC Meet will consist of four singles and three doubles per school; no crossover's allowed.

Players shall call their own matches; however a player may request a line judge.

All SLC dual matches are to be completed prior to the seeding meeting for the SLC meet. Coaching is permitted in accordance with WHSTA policy.

Seeding:

- 1) Coaches are required to submit, at the seeding meeting, entry forms with individual records and requests for seeds. Failure to do so may eliminate players of that school from consideration for a seed. Voting by coaches may be taken on each individual request or on all requests as a group.
- 2) There will be two seeds per flight by a majority vote of the coaches, additional seeds and placements are allowable.
- 3) Considerations for seeding will include:
 - A. A singles player or doubles team shall play three matches in that flight during the regular season to be considered for a seed at the same flight in the conference tournament. By a majority vote of the coaches, this provision can be waived in order to seed the bracket accurately.
 - B. Illness and similar situations at time of a loss will not be considered.
 - C. The win/loss record prior to the conference meet.
 1. Head-to-head play.
 2. The position and comparative scores against other opponents will be used only when the position cannot be resolved by the results of direct play.
 3. Where one person has played fewer times than another, the record with the best percentage need not necessary be considered the best. For example, a 16-3 record could be considered better than an 8-1 record.
 - D. The caliber of competition from which a record has been established must be considered.
 - E. The basic objective of seeding, a ratio of one to every four players, is to space these players so they will not meet each other in the early rounds.

- 4) A vote of head coaches will resolve disagreements. Coaches will not be required to vote, but should do so if they feel they have sufficient information to help make a decision.

Awards:

A. TEAM

Conference Champion – Trophy

B. INDIVIDUAL

Champion each bracket – Gold Medals
 Second place each bracket – Silver Medals
 Third place each bracket – Bronze Medals
 All-Conference First Team – Top finisher in each event
 All-Conference Second Team – Second place finishers in each event
 Honorable mention – One (1) athlete per school
 Athlete(s) of the Year – Plaque (**Note: Athletes of the Year may occur in doubles.**)

All-Conference Selection:

1st Team All-Conference

1st place finisher in all flights.

2nd place finisher in flight 1 singles and doubles.

SECTION 15 – TRACK AND FIELD (BOYS AND GIRLS)

- Supervising Athletic Director:** Eric Plitzuweit - Burlington
- Officials:** 3 officials for both relays and conference hired by the commissioner with assistance from the host school.
- Media/Results:** Host school to post on rSchool.
- Conference Relays:** Starting times for the conference relays meet:
 Field events 4:30 PM
 Running events 5:00 PM

Order of Events:

300/330M HIGH HURDLE SHUTTLE
 4000M DISTANCE MEDLEY
 400M RELAY
 3200M RELAY
 800M SPRINT MEDLEY
 800M RELAY
 900M INTERMEDIATE HURDLE RELAY
 1600M SPRINT MEDLEY
 4800M RELAY
 1600 RELAY

Field events: Total distance of all three athletes will be added together to determine places.

POLE VAULT, SHOT PUT, DISCUS, LONG JUMP & HIGH JUMP

Awards: Medals given to first and second place in all events.

- Conference Meet:** The Conference champion shall be determined by its finish in the Conference Meet.

JV Conference Meet Entry Rules: Any athlete who competes and places in the top 8 in any specific event at the Varsity Conference Meet is exempt from competing in the JV Conference Meet in that particular event. All athletes are able to participate in events they did not either compete in or place in the top 8. Note: Discussion at the June AD Meeting seniors are not allowed to compete in the JV Conference Meet.

Starting times for the conference championship meet:
 Field events 4:30 PM
 Running events 5:00 PM

Conference Meets shall be held at a site where an eight-lane track is available.

W.I.A.A. rules and regulations shall be followed.

Games Committee for the conference meet will include: Athletic directors of the host school, the last year's host school, the next year's host school, referee, and starter.

Awards:

TEAM

Conference Champion – Trophy (One for Boys and One for Girls)

INDIVIDUAL

1st through 3rd place – Medals

Relay 1st through 3rd place – Medals

Honorable mention – One Boy and One Girl athlete per school

Athlete of the Year – Plaque (One for Boys and One for Girls)

Financial Responsibility:

Divided equally amongst participating conference schools for both the relay meet and conference championship meet.

SECTION 16 – VOLLEYBALL

Supervising Athletic Director: Kelly Dineen, Wilmot

Officials: SLC Commissioner hires officials for conference matches. One official will work freshmen and Junior Varsity (JV) matches and the two will work the varsity match. School may hire a set of officials to work the freshman match/Varsity Lines. Varsity conference meet (8).

Media/Results: Host school to post on rSchool.

Conference Schedule: The Conference schedule shall consist of a single round robin of matches with Conference schools. The Conference champion shall be determined by the single round robin won/loss record and the finish in the Conference meet. Each Conference match win shall be worth two (2) points.

Freshman and Junior Varsity (JV) – 2 out of 3 games with a guarantee of 3 games = score to 25 points.

Varsity – 3 out of 5 games. (No Non-determining game will be played)

All Junior Varsity (JV) and freshmen volleyball matches will begin at 5:00 p.m.

Varsity matches start at no earlier than 6:30 p.m. or 20 minutes after junior varsity. There will be a 20-minute warm-up period prior to the National Anthem. (WIAA warm-up procedures shall be followed)

- a. Allowed exceptions include:
 - i. The introduction procedure can be modified for special circumstances (i.e., parents night, sr. night)
 - ii. If two courts are available both courts can be used for warm-ups. The involved coaches should mutually agree on procedures for court usage. The visiting team must, however, be provided equal usage of the main court.

Home team will supply volleyballs for warm-up and matches and provide qualified line judges.

W.I.A.A. rules and regulations will apply to all conference games.

Conference Meets:

Varsity Conference Tournament:

- a. The Conference Tournament shall be a seeded tournament. The seeds shall be determined by the outcome of the individual Conference matches. Ties shall be determined by head-to-head play in Conference matches. Ties for seed positions involving more than two teams shall be determined by a blind draw conducted by the conference commissioner prior to the day of the tournament.

- b. Tournament matches
 - 1st round - best 2 out of 3, with third game to 25 if need (no cap)
 - 2nd & final round – 3 out of 5, with final game to 15 if needed (no cap).
- c. The points earned at the individual meets and the tournament placing shall be added together to determine the overall conference champion(s). A team shall be awarded two points for each team it places ahead of in the Conference Tournament.
- d. The tournament shall be a one-day tournament and shall be played the weekend before regional play begins. Meets shall be on an alphabetical rotation basis.
- e. The tournament shall begin at 8:30 A.M. NOTE: if only two courts are available, #2 seed shall play #7 seed first at 8:30 A.M. Host schools shall be responsible for the schedule, court readiness, line judges, scorekeepers, and timers.

SLC Tournament Placement Bracket (SEE APPENDIX A)

Freshmen & JV Conference Tournaments

- a. Host school will conduct a random draw and send to all schools prior to the tournament.
- b. Use the same blank bracket form (APPENDIX A) when completing the draw.
- c. All rounds – 2 out of 3 with cap of 27, third game to 15 with cap of 17 if needed.
- d. One time-out per team, per game.

AWARDS

TEAM

Varsity Conference Champion – Trophy
FR & JV Conference Champions – no awards

All-Conference Selection:

All-Conference selections – Six (6) individual plaques
Second team selections – Six (6) individual certificates
Honorable mention – One (1) athlete per school
Athlete of the Year – Inscribed on their Plaque
All nominees are to be made before the voting starts.

- 6. Identify the number of athletes for first and second team. The All-Conference voting will follow after the sharing of statistics and coaches comments.
- 7. Vote for twelve athlete's by awarding 12 points for the top athlete down to 1 point for the last pick. Do not vote for your own player.

8. Top 6 point totals are on the first team and the next 6 are on the second team.
9. Athlete of the Year format from the Conference Constitution page 7, article 5. "From the 1st Team All-Conference nominations are then presented for Athlete of the Year. A single vote by each coach will determine the Athlete of the Year. Coaches may vote for their own players. Recommended criteria for Athlete of the Year nomination include athletic performance (honors, statistics, contributions to team's success), academic achievements and character (sportsmanship, leadership, conduct). Athlete of the Year is a separate ballot in all-sports-voted on after all other selections have completed."
10. Honorable Mention

Any athlete who receives two or more votes from opposing coaches receives honorable mention. If no athletes were honorable mention from a school, the coach may choose one.

Financial Responsibility:

Divided equally amongst participating conference schools.

SECTION 17 – WRESTLING

- Supervising Athletic Director:** Kris Allison – Westosha Central
- Officials:** Assigned by the conference commissioner.
1 for dual meets and 4 for the varsity conference tournament.
- Media/Results:** Posted on rSchool by the host school.
- Conference Schedule:** The Conference schedule shall consist of a single round robin of dual meets with Conference schools. Dual won-loss records and the finish in the Conference tournament will determine conference championship.
- The following point system will be used to determine the Conference Champion: a. A dual victory will count as two (2) points and a tie will count as one (1) point. In conference meets, for each team you finish ahead of, you will be awarded two (2) points and teams that tie will split the points of both teams.
- Weigh-in for all wrestlers shall begin at 5:00 P.M., be completed by 5:30 P.M., and the exhibition/Junior Varsity (JV) matches shall begin at 5:45 P.M. Varsity matches are scheduled to begin by 7:00 P.M. Locker rooms shall be available by 5:00 P.M.
- Exhibition/Junior Varsity (JV) matches – All exhibition/Junior Varsity (JV) matches must be completed by 6:40 p.m. so varsity matches can start by 7:00 p.m.
- W.I.A.A. rules and regulations shall be followed.
- Conference Tournament:** The Conference Tournament
- a. The Conference Tournament shall be a one-day meet held on the first Saturday in February, and shall be scheduled on an alphabetical rotation basis.
 - b. Scoring and seeding for the Conference Meet will be determined by W.I.A.A. regulations.
 - c. Seed meeting shall be held at 9:00 a.m. on the day of the tournament. Weigh-ins shall begin at 8:00 a.m. Round one starts at 10:00 a.m. i. Wrestling Tournament Seed Rules
 1. Seed meeting will be held the Saturday morning preceding the tournament. Substitutions because of illness/injury may take place at that weight.
 2. The basic objective of seeding is to place the best wrestlers so that they will advance the furthest in the tournament before the meet. (W.I.A.A.)

3. All special considerations are to be determined at the offset of the seeding meeting by a majority vote of head coaches following W.I.A.A. regulations.
- d. Wrestling record is determined by dual conference competition in any weight class. In other words- records will be brought down and up. (SLC)
- e. Minimum of 4 matches. (SLC) If less than four matches, combine percentages. Move wrestlers elsewhere by special consideration.
- f. 50% winning record or better. (W.I.A.A.)
- g. The basic consideration for seeding is win/loss percentage. (W.I.A.A.)
- h. If percentages of 2 wrestlers are identical, the following criteria shall be used to determine higher seed:
 - i. Winner of head-to-head competition in a conference match. (SLC)
 - ii. Greater number of matches. (W.I.A.A.)
 - iii. If number of matches is identical:
 1. If wrestlers have not met in conference competition, then the winner of head-to-head non-conference match. (SLC)
 2. If wrestlers have not met his year, then previous year's conference finish in same weight class (or closest). (SLC)
 3. If none of the above criteria can be used, the seeds will be determined by draw. (SLC)
 4. To move any wrestler from his position to a higher seed requires a special appeal from the head coach, possible discussion by head coaches, and a majority vote of head coaches following W.I.A.A. regulations. (W.I.A.A.) (SLC)
- i. SLC Bracket Formation Placement, and Scoring. All first round byes should receive two points advancement and 2 points for a pin.
- j. Place Scoring – 6 Places (Host school should use web based program “Track Wrestling”)
 - 1st- 16 points
 - 2nd- 12 points
 - 3rd- 9 points
 - 4th- 7 points
 - 5th- 5 points
 - 6th- 3 points

- k. Three wrestling mats will be used in the championship round and championship match will be on the middle mat.

The following bracket will be used, where the top seeded wrestler will receive a first round bye. (SEE APPENDIX B)

Awards:

A. TEAM

Conference Champion – Trophy

B. INDIVIDUAL

Conference Champions, each weight class – Individual Medals Second and third place finisher's, each weight class – Individual Medals All Conference – Top finisher in each event Second place finishers are considered second team all-conference Medal presentations will be the following: 103 and 112 medals presentation will the follow 119 pound match. After the 130 pound the 119 and 125 medals will be presented. Wrestle two and then award two through the rest of the weight classes Honorable Mention – One (1) athlete per school Athlete of the Year – Plaque

Financial Responsibility:

Split equally between all participating schools.

SECTION 18 – GUIDELINES FOR *SPIRIT TEAMS (Cheer/Pom/Dance)*

- A. Spirit Teams must be designated by each school as a member of their Spirit Team squad.
- B. Spirit Teams will follow the school athletic codes and Southern Lakes Conference rules and regulations.
- C. Spirit Teams shall be present and stand at attention during the Star Spangled Banner.
- D. Spirit Teams are not to be on the floor during warm-ups, but organized cheers are allowed on the sidelines.
- E. Duties of Spirit Teams:
 - a. Promote sportsmanship
 - b. Display courtesy to the visitors
 - c. Promote crowd control.
 - d. Lead cheers for student and spectator response:
 - i. Cheers should be in good taste.
 - ii. Cheers should not be directed to other teams or individuals.
- F. Spirit Team advisors shall hold a meeting in November to coincide with the fall coaches' meeting. Minutes shall be taken and given to the chairman of the Athletic Directors. Conference by-laws and guidelines shall be reviewed at the meeting.
- G. Spirit Team advisors shall review team rules and regulations. During the games, Spirit Teams shall follow W.I.A.A. regulations for floor position.
- H. Mascots are considered to be part of the Spirit Team.

(Insert Conference Competition Info.)

SECTION 19 – CO-OP AND TRI-OP TEAMS

- A. The Southern Lakes Conference views the role of a co-op or tri-op team as one of assisting schools to develop and sponsor individual teams. The Southern Lakes Conference recognizes that tri-ops and co-ops provide opportunities for students who do not have programs in their home schools, but the conference owes its first allegiance to students of its member schools. With this in mind the following criteria are required for approval.
- a. SLC is committed to our conference students who wish to participate in a co-op and will have top priority.
 - b. SLC will honor present co-op schools contracts and participation.
 - c. SLC will follow the WIAA procedures when co-op contracts are renewed every two years.
 - d. The principals will approve every two years renewal of co-op applications.
- B. Tri-ops
- a. Only schools whose total enrollment is less than double the average student population of conference schools participating in that sport will be considered for a tri-op.*
 - i. * Calculated by adding the enrollment of all conference schools participating in the sport and dividing by the number of schools. (Enrollment of a current co-op or tri-op will be the total combined enrollment of these schools treated as one (1) school.)
 - b. The host school is responsible for providing accurate numbers and other essential information.
 - c. A tri-op requires 100% approval of all conference schools involved in that sport.
- C. Co-ops
- a. Only schools whose total enrollment is less than double the average students population of conference schools participating in that sport will be considered for a co-op.
 - i. * Calculated by adding the enrollment of all conference schools participating in the sport and divided by the number of schools. (Enrollment of a current co-op or tri-op will be the total combined enrollment of these schools treated as one (1) school.)
 - b. The host school is responsible for providing accurate numbers and other essential information.
 - c. A co-op requires majority approval of all conference schools involved in that sport.

SOUTHERN LAKES CONFERENCE SPORTSMANSHIP GUIDE

SPORTSMANSHIP

- A. The Southern Lakes Conference believes that good sportsmanship is essential to a successful high school athletic program. With this in mind, the Southern Lakes conference strongly supports the following fundamentals of sportsmanship. *
- a. Respect is to be shown opponents at all times. The opponent should be treated as a guest, greeted cordially on arriving, given the best accommodations, and accorded the tolerance, honesty, and generosity, which all human beings deserve.
 - b. Officials are to be accorded respect at all times. Officials should be recognized as impartial arbitrators who are trained to do their job and who can be expected to do it to the best of their ability. Good sportsmanship implies the willingness to accept and abide by the decisions of the officials.
 - c. The rules of the contest are to be known, understood, and appreciated. A familiarity with the current rules of the game and the recognition of their necessity for a fair contest is essential. Good sportsmanship suggests the importance of conforming to the spirit as well as the letter of the rules.
 - d. Self-control must always be maintained. A prerequisite of good sportsmanship requires one to understand his/her own bias or prejudice and the ability to prevent the desire to win from overcoming rational behavior. A proper perspective must be maintained if the potential educational values of athletic competition are to be realized. Good sportsmanship is concerned with the behavior of all involved in the game.
 - e. Skill in performance regardless of affiliation is to be recognized and appreciated. Applause for an opponent's good performance is a demonstration of generosity and good will that should not be looked upon as treason. The ability to recognize quality in performance is one of the most highly commendable gestures of good sportsmanship.
- B. With the fundamentals of sportsmanship as the point of departure, specific responsibilities and expected modes of behavior are defined in the balance of the Southern Lakes Conference Sportsmanship Guide.
- C. This sportsmanship guide has been developed in attempt to foster appropriate conduct and good sportsmanship among all of the conference schools. The primary objective of this guide is to develop a positive atmosphere at all events sponsored by the Southern Lakes Conference.

***Source: National Federation of State and High School Associations**

- D. This guide is based on the following general assumptions:
- a. All conference schools will agree to support and implement the sportsmanship plan.
 - b. Each principal will be responsible for following up reports of vandalism and/or rowdiness of his/her students.

- c. Students, athletes, and all fans are expected to respect the rights and property of others and are to refrain from conduct that would be considered inappropriate to the spirit of good sportsmanship.

Examples of Good Sportsmanship

- i. Cheering with the spirit teams
- ii. Standing for schools songs of both schools
- iii. Standing and being attentive when the National Anthem is being played.
- iv. Coaches, athletes, and spectators showing respect for the officials
- v. Showing respect for your opponent. (Ex.: team introductions.)
- vi. Being attentive and courteous to visiting spirit teams.

Examples of Poor Sportsmanship

- i. Stomping on bleachers
- ii. Throwing objects onto the playing area
- iii. Use of noisemakers of any kind
- iv. Use of cheers that taunt and ridicule the opponent. (Ex.: during free throws.)
- v. Booing and razzing players, coaches, or officials
- vi. Throwing shredded paper in the bleachers or on the floor

Rules Governing Conduct at Athletic Contests:

- i. No banners or posters are to be displayed in the gymnasium.
- ii. Manufactured noisemakers are not allowed at athletic events. This includes any and all types of noisemakers or articles that could be used to increase volume, specifically megaphones.
- iii. Stomping and kicking bleachers is prohibited.
- iv. Stereo tape decks and related radio and audio equipment are prohibited.
- v. Spirit teams or spectators at indoor events shall not use megaphones.
- vi. Pep bands, and parts thereof, are not allowed to play while the game is in progress.
- vii. Visiting schools shall be respectful of host school's rules regarding concessions.
- viii. Students as well as adults are not permitted to smoke in any school building or on school grounds during any school activity.

Fundamentals of Sportsmanship: (Source: National Federation of State and High School Associations)

- E. Respect is to be shown opponents at all times. The opponent should be treated as a guest, greeted cordially on arriving, given the best accommodations, and accorded the tolerance, honesty, and generosity, which all human beings deserve.
- F. Officials are to be accorded respect at all times. Officials should be recognized as impartial arbitrators who are trained to do their job and who can be expected to do it to the best of their ability. Good sportsmanship implies the willingness to accept and abide by the decisions of the officials.
- G. The rules of the contest are to be known, understood, and appreciated. A familiarity with the current rules of the game and the recognition of their necessity for a fair contest is essential. Good

sportsmanship suggests the importance of conforming to the spirit as well as the letter of the rules.

- H. Self-control must always be maintained. A prerequisite of good sportsmanship requires one to understand his own bias or prejudice and the ability to prevent the desire to win from overcoming rational behavior. A proper perspective must be maintained if the potential educational values of athletic competition are to be realized. Good sportsmanship is concerned with the behavior of all.
- I. Skill in performance regardless of affiliation is to be recognized and appreciated. Applause for an opponent's good performance is a demonstration of generosity and good will that should not be looked upon as treason. The ability to recognize quality in performance is one of the most highly commendable gestures of good sportsmanship.

Objectives and Behavior

- J. With the fundamentals of sportsmanship as the point of departure, specific responsibilities and expected modes of behavior are defined in the balance of the Southern Lakes Conference Sportsmanship Guide.
- K. This sportsmanship guide has been developed in an attempt to foster appropriate conduct and good sportsmanship among all of the Conference schools. The primary objective of this guide is to develop a positive atmosphere at all events sponsored by the Southern Lakes Conference.
- L. This guide is based on the following general assumptions:
 - a. All Conference schools will agree to support and implement the sportsmanship plan.
 - b. Each principal will be responsible for following up reports of vandalism and/or rowdiness of his/her students.
 - c. Students, athletes, and all fans are expected to respect the rights and property of others and are to refrain from conduct which would be considered inappropriate to the spirit of good sportsmanship.
 - d.

Action Plan

- M. The Conference shall prepare news releases stating its emphasis on good sportsmanship prior to fall and winter sport seasons.
- N. A section in the student handbook of each Southern Lakes Conference school shall be devoted to the importance of good sportsmanship.
- O. Announcements shall be made to the student bodies of all Conference schools regarding sportsmanship and behavioral expectations.
- P. An announcement shall be made at athletic contests regarding inappropriate behavior.

- Q. All Conference schools shall use Program covers or inserts emphasizing sportsmanship.
- R. Notices shall be posted in each gymnasium indicating the sportsmanship expectations of the Conference.

Sportsmanship Announcement

The WIAA requires good sportsmanship by student-athletes, coaches and spectators at education-based, interscholastic events. We request your cooperation by supporting the participants and officials in a positive manner. Profane, racial, sexist or ethnic comments, or other intimidating actions directed at officials, student-athletes, coaches or team representatives will not be tolerated and are grounds for removal from the site of competition. _____ High School and - _____ High Schools appreciate your cooperation.

Coaches

- A. Treats own players and opponents with respect.
- B. Inspires in the athletes a love for the game and the desire to compete fairly.
- C. Is expected to serve as a good role model of sportsmanship and positive leadership.
- D. Disciplines those on the team who display unsportsmanlike behavior.
- E. Respects the judgment and interpretation of the rules by the officials.
- F. Knows he/she is a teacher and understands the athletic arena is a classroom.
- G. Is responsible for the supervision of their athletes before, during and after games.

Players

- A. All players shall be in-serviced on their school's Athletic Code of Conduct and on sportsmanship expectations during a mandatory rules interpretation session prior to each athletic season.
- B. Southern Lakes Conference players involved in any unsportsmanlike conduct that results in ejection from an athletic contest shall be suspended from the next contest. The intent of this rule is that any player ejected will sit out of the next contest whether it is a Conference game, non-Conference game, or a tournament game. (Includes season-to-season and year-to-year.) Athletic Directors shall inform the Conference Commissioner.
- C. Vandalism and/or theft to or from the host school facilities may result in referral to local law enforcement agencies for prosecution under local ordinances, and will result in disciplinary action in accordance with the school's student handbook.
- D. Expectations of players:
 - a. Treats opponents with respect.
 - b. Plays hard, but plays within the rules.
 - c. Exercises self-control at all times, setting the examples for other to follow.
 - d. Respects officials and accept their decisions without gestures or argument.
 - e. Wins without boasting, loses without excuses, and never quits.
 - f. Always remembers that it is a privilege to represent the school and community.
 - g. All valuables should be locked at all contests.

Officials

- A. Officials shall be encouraged to present a pre-game rules interpretation, or summary of rule changes, to spectators at the beginning of each season.
- B. Officials shall be informed of the Southern Lakes Conference's support for their efforts to control the athletic contest, and shall be informed of the Conference's emphasis on sportsmanship.
- C. Officials may request that the game manager remove disruptive spectators from any athletic contest.

Spirit Teams

- A. Spirit Teams are to discourage negative and vulgar cheers and unsportsmanlike activities.

Spectators

- A. Attempt to understand and be informed of the playing rules.
- B. Appreciate a good play no matter who makes it.
- C. Cooperate with and respond enthusiastically to cheerleaders.
- D. Show compassion for an injured player; applaud positive performances; do not heckle, jeer or distract players; and avoid use of profane and obnoxious language and behavior.
- E. Respect the judgment and strategy of the coach and do not criticize players or coaches for loss of a game.
- F. Respect property of others and authority of those who administer the competition.
- G. Censure those whose behavior is un-sportsmanlike.
- H. The host school shall notify the administration of the visiting school about any students who may have had to be removed from an event. Cooperation is expected. Failure to follow these expectations shall result in removal from the premises.
- I. The principal or his/her representative shall communicate the goals of the Southern Lakes Conference Sportsmanship Guide to the Booster Club of each school.

SOUTHERN LAKECONFERENCE DUES AND FEES

SECTION 1. Dues

- A. The Conference dues shall be review and set by the conference principals on an annual base.

SECTION 2. Admissions

- A. Admission prices for all athletic events accept the wrestling and volleyball tournaments are \$3.00 or adults an \$2.00 for students who present a current Southern Lakes Conference high school ID. Individual schools may charge \$1.00 for grade school students.

- B. Wrestling and volleyball tournament admission prices are:

All day	\$5.00 – Adults
	\$3.00 – Students
Finals	\$3.00 – Adults
	\$2.00 – Students

SECTION 3. Commissioner’s Salary and Expense Account

- A. The Commissioner’s salary, and expense account, shall be reviewed and set annually by the principals and be recorded in the minutes.

SLC Official Assignments and Pay 2011-2012/2012-2013

Baseball - two	\$60.00 each
Basketball – three	\$50.00 each
Cross Country	
Relays – two	\$60.00 each
Conference – two	\$60.00 each
Football - five	\$60.00 each
Gymnastics	
Dual - three	\$62.50 each
Varsity/JV Conference –ten	\$82.50 each
Triangular – four	\$82.50 each
Soccer	
Referee – one	\$60.00
Linesmen – two	\$47.50 each
Softball – two	\$60.00 each
Swimming	
Dual – two	\$52.50 each
Conference Relays – three	\$57.50 each
Conference Meet – three	\$72.50 each
DD and Triangular – two	\$57.50 each
Track	
Relays – two	\$60.00 each
Conference Meet –three	\$90.00 each
Volleyball – two	\$80.00 each
Conference Meet –eight	\$140.00 each
Wrestling - duals – one	\$60.00
Conference Meet – four	\$152.50

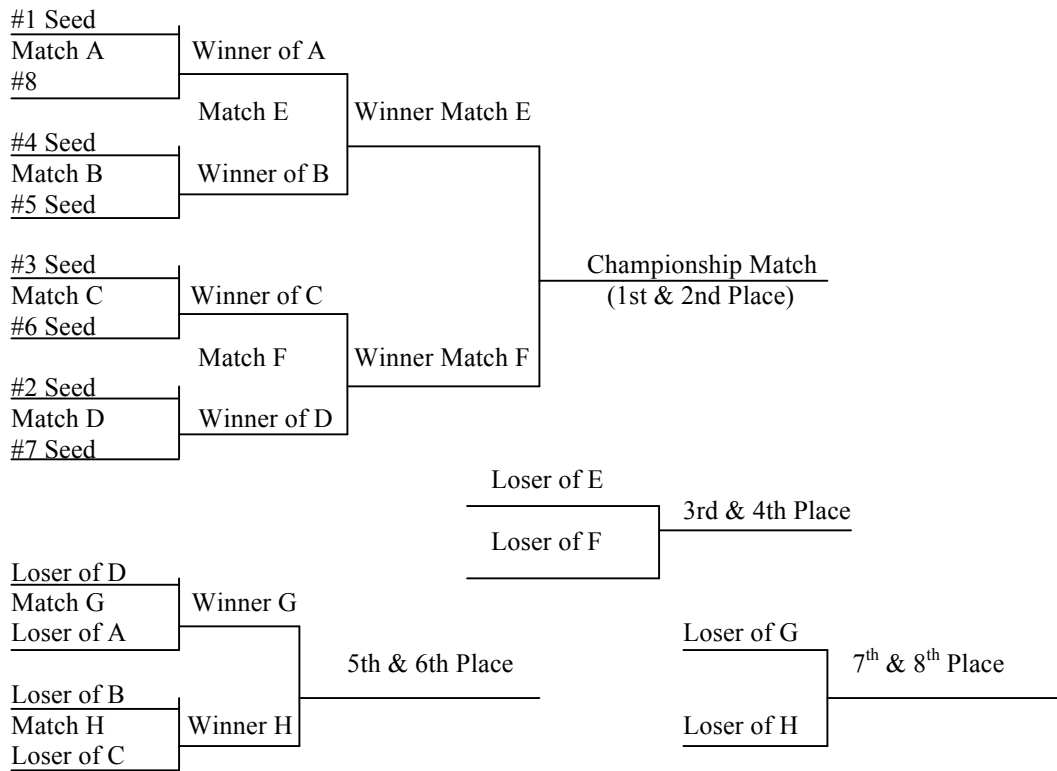
JV officials will be paid \$37.50 to \$42.50

(Note: Individual schools will determine what they wish to pay officials.

Appendix A

Varsity Volleyball Conference Tournament Bracket

The following bracket shall be used:



Appendix B

SLC Wrestling Tournament Bracket

