

WILMOT UNION HIGH SCHOOL DISTRICT



OPT-OUT FORM

Health Education Human Growth and Development Wisconsin Statute sec. 118.019 allows parents to exempt their child from instruction in Human Growth and Development with a written request to the school.

I **DO NOT** want my child to participate in instruction in the following areas of Human Growth and Development: (Please circle the specific area(s) utilizing the curriculum outline located on the back of this form.)

I II III IV V VI VI

DO NOT complete this form if you want your child to receive all aspects of the Human Growth and Development curriculum.

Student Name: _____

Parent/Guardian Signature: _____ Date: _____

If you are choosing to have your son/daughter opt-out of any section of the Human Growth and Development curriculum return this completed with your registration materials.

Don Norwick

AP of Curriculum and Instruction

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WILMOT UNION HIGH SCHOOL DISTRICT



Human Growth and Development Curriculum Outline

- I. The students will demonstrate their knowledge of the human male and female reproductive systems by:
 - A. Describing the structures and functions of both the male and female reproductive systems.
 - B. Discussing the importance of self and medical exams of reproductive organs.
 - C. Identifying common disorders of the reproductive systems.
 - D. Identifying steps to maintain reproductive health.
- II. The students will review and expand their knowledge and understanding of pregnancy and birth by:
 - A. Discussing fertilization, embryonic/fetal development, and birth process (3 trimesters)
 - B. Identifying the importance of prenatal and postnatal care.
 - C. Discussing teenage pregnancy.
 - D. Describing the three stages of birth.
 - E. Identifying complications that can arise during pregnancy and birth.
 - F. Modeling some of the responsibilities of parenthood
- III. Students will review and expand their knowledge and understanding of contraceptive methods by:
 - A. Recognizing the many benefits of abstinence from sexual activity until marriage.
 - B. Recognizing which contraceptives are commonly used.
 - C. Identifying the effectiveness of each contraceptive.
 - D. Identifying the benefits and disadvantages of each method.
 - E. Describing the side effects associated with each contraceptive.
- IV. The students will demonstrate and understanding of sexually transmitted diseases by:
 - A. Identifying and discussing sexually transmitted diseases.
 - B. Recognizing and distinguishing how different STDs can be acquired.
 - C. Identifying the symptoms of STDs.
 - D. Naming measures to avoid STDs.
 - E. Recognizing the need for medical treatment.
- V. The students will demonstrate knowledge and understanding of the Human Immunodeficiency virus by:
 - A. Stating the meaning of the acronyms AIDS and HIV.
 - B. Discussing how the virus that causes AIDS is and is not transmitted.
 - C. Discussing the consequences of contracting HIV.
 - D. Naming good health behaviors that contribute to the prevention of HIV transmission.
- VI. The students will review and extend their knowledge of child abuse by:
 - A. Reviewing definitions.
 - B. Recognizing that abuse takes many forms, physical, sexual, and mental/emotional.
 - C. Define sexual assault, rape, and date rape (both male and female).
 - D. Distinguishing between sexual abuse, sexual assault, and sexual harassment.
 - E. Discussing different approaches to use in avoiding sexual abuse and/or sexual harassment.
 - F. Discussing and formulating different approaches to use in reporting abuse and/or sexual harassment.
 - G. Criminal penalties for engaging in sexual activities involving a child.
 - H. Sex offender registration requirements, including who is required to report, what information must be reported, who has access to the information reported, and the implication of being registered.
- VII. The students will discuss and expand their knowledge of bullying and other harassment issues by:
 - A. Identifying harassing, hazing, and bullying behaviors.
 - B. Analyzing stereotypes.
 - C. Dispelling myths related to sexual orientation and examining internet and other electronic dangers.