



# Wilmot Union High School WUHS TODAY

ISSUE 7 • FEBRUARY, 2024

Dear WUHS Community,

Wilmot Union High School is a special place committed to preparing college, career, and civic ready graduates. Our staff is passionate about developing and teaching courses to ensure future-ready graduates. Our focus is holistic, which is why we provide 50+ co-curricular activities, mental health programming, and substance abuse assistance for students and families. We continuously strive to meet the needs of our school community.

Our comprehensive academic program rivals those of high schools much larger than ours. It includes 14 Advanced Placement (AP) and several additional honors courses; work-based learning options; 37 dual credit courses (for college credit); and 8 Project Lead the Way (PLTW) courses in computer science, engineering, and biomedical sciences. We're able to offer all of this because of our highly-skilled and qualified faculty who put students first on a daily basis.

Like everything else, the cost of running a high school has increased dramatically in the last several years. While we have been vigilant stewards of taxpayer dollars, school funding hasn't kept pace with inflation. We must ask the community for an operational referendum, as it's the only way a school district can meaningfully increase revenue. 85% of districts state-wide have asked their communities for an operational referendum since 1992. It's become the norm in Wisconsin.

Please visit <https://wilmoths.referendumfacts.org/> and follow us on social media for more information throughout the month of February. Feel free to contact us with any questions you may have.

Your partners in education,

Dr. Michael Plourde  
& Mr. David Betz

District Administrator  
& Business Manager

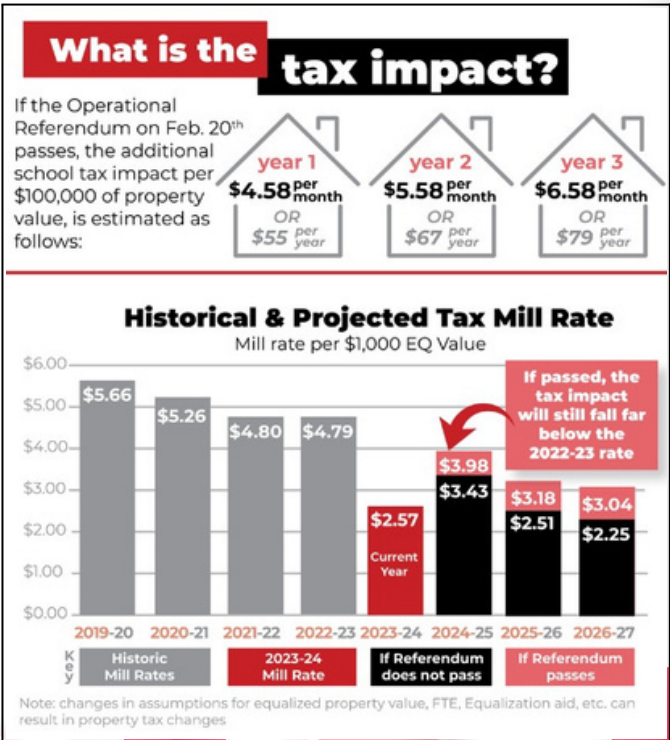
**BOARD OF EDUCATION MEETINGS:**

**WORKING SESSION:**  
FEBRUARY 5TH - 4:30 PM

**REGULAR BOARD MEETING:**  
FEBRUARY 21ST - 6:00 PM

LOCATION: WUHS LIBRARY

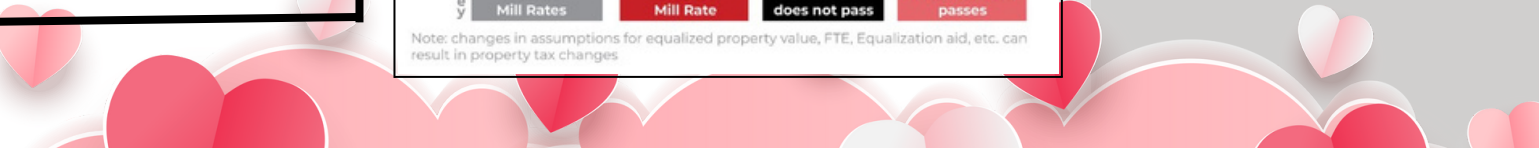
**CLICK HERE FOR THE 23-24 BOARD OF EDUCATION CALENDAR**



WILMOT UHS NEWSLETTER

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The future looks bright!



**VOTE**

**FEB. 20<sup>th</sup>, 2024**



**WILMOT UNION  
HIGH SCHOOL**

**OPERATIONAL REFERENDUM**

### Hello Wilmot!

The Wilmot Union High School Board of Education has placed a three-year, non-recurring Operational Referendum on the February, 20, 2024, ballot. The request is for \$2,000,000 in 2024-25, \$2,500,000 in 2025-26, and \$3,000,000 in 2026-27.

If approved, the funds will be used to hire back some of the positions that were cut after the failed April, 2023 referendum, complete deferred maintenance projects, provide updates to security, and begin to build the fund balance so we can afford routine maintenance in the future.

### Why Now?

The District's dire financial situation was caused by several years of underfunding by the state of WI, declining enrollment, and unprecedented inflation. This year, the District saved over \$1,300,000 with staff cuts and is still running a small budget deficit that's expected to grow without additional staff and programming cuts in the future. Ongoing, basic expenses needed to run the school are surpassing the revenue allowed through the state revenue limit.

### What is the tax impact?

If the Operational Referendum on Feb. 20<sup>th</sup> passes, the additional school tax impact per \$100,000 of property value, is estimated as follows:



### Please make a plan to Vote on February 20<sup>th</sup>

Polls open 7 am - 8 pm

Visit [MyVote.wi.gov](https://MyVote.wi.gov) to easily register or request absentee ballots.

**Learn More**

[WilmotHS.ReferendumFacts.org](https://WilmotHS.ReferendumFacts.org)



**Restore  
Staff**



**Maintain  
Buildings**



**Address  
Security**



**Build  
Funds**

### Did You Know?

WE RANK IN THE TOP 10 for high school students earning post-high school credentials

37 DUAL CREDIT COURSES allow students to earn college credit.

ATHLETICS & ACTIVITIES  
Extra-curricular activities available to our students include 20 varsity sports and 30 activities.

COMPREHENSIVE SPECIAL EDUCATION includes real work experience opportunities for eligible students.

ABOVE AVERAGE ACT SCORES  
For 5 consecutive years our students' composite ACT scores have been above the state average.

**A MESSAGE FROM THE PRINCIPAL:**  
**ROB KREIL**

The Wilmot Union High School Parent/Teacher Conferences will be held Thursday,  
February 15th from 4:00 pm - 7:30 pm.

We are excited to have these conferences in our teacher's classrooms which will allow for a more enriching experience and conversation. Likewise, we are offering the opportunity for parents to **pre-schedule** a time with their teachers in order to produce a more productive conference.

Parents, please watch this quick video linked below for directions on how to request a conference via Skyward.

[Parent Power-Up: Parent-Teacher Conference Scheduler](#)

**Please understand that teachers will have limited time slots available on  
February 15th.**

However, our staff will reach out to any parent that has requested a conference and did not get a time slot. Parents, please be selective in your requests as we want to provide as many opportunities as possible for teachers to connect with their families.

If you have any questions or concerns, please contact me at kreil@wilmoths.k12.wi.us.

***Note: No School on Friday, February 16th.***

Sincerely,

Robert Kreil  
WUHS Principal



## ATTENDANCE REMINDER



We are very excited for the start of the 2nd semester! Attendance is very important as it directly affects academics, mental health, socialization, extracurriculars, and life skills. It is also a legal responsibility that students attend school.

### Protocol for calling a student out of school:

- 1) Contact the attendance office either by phone or email. Please state the reason for the absence.

Call (262) 862-2351 & press 1 or email [attendance@wilmoths.k12.wi.us](mailto:attendance@wilmoths.k12.wi.us).

- 2) Each absence will count towards 1 of the 10 days that the state allows a student to be excused. **This will include any illnesses.** *If the proper documentation is provided, such as a doctor's note, the absence will not count towards the state allowed 10 parental excused absences.*

A referral and letter will be sent home for notification purposes after the 5th and 10th parental excused absence.

Absences after the 10th parental excused absence will be considered truant.

Wisconsin State Statute 118.15 (3) (c) indicates a child may **not** be excused for more than 10 days in a school year.

**5 Day Parental Excused Absence Notification Letter**

**10 Day Parental Excused Absence Notification Letter**

Sincerely,

Dan Bender  
Associate Principal  
Wilmot Union High School

# A MESSAGE FROM STUDENT SERVICES

## SEXTORTION - ice.gov

### *What is it and what can parents do to help prevent and stop it?*

Not long ago, making prank calls was the worst trouble a group of teens could get into with a telephone.

But today, predators use phones to stalk and blackmail teens on social media and dating apps. Sextortion – the act of threatening to share nude or explicit images – is more common than you may think, and cases affecting young children, teens and adults have increased exponentially in the past two years. In fact, Homeland Security Investigations received over 3,000 sextortion tips in fiscal year 2022.

One current sextortion trend targets boys between 14 and 17 years old. Adult predators pretending to be young girls feign romantic interest in the boys on gaming platforms, apps and social media sites.

It starts simply enough: A teen responds to an online request to expose parts of their body on a webcam or send a nude photo to a new online “friend.” The next thing the teen knows, their new friend threatens to expose them by publicizing the photos – unless they pose for more explicit photos or send money.

In some schemes, adult predators deceive and manipulate young males into engaging in explicit activity over video, which the predator secretly records. The predator then reveals that they’ve made the recording and threatens to post clips online if the victim doesn’t pay up.

This terrifying and dehumanizing violation feeds on victims’ shame. The emotional results for victims – especially kids – is devastating. Feeling embarrassed, hopeless and isolated, many of these teens have nowhere to turn. Some even go so far as to take their own lives without knowing that help is available.

#### **Traditional Sextortion versus Financial Sextortion**

Traditional sextortion occurs when a victim is threatened or blackmailed into providing more sexual imagery; the predator threatens to share their nude or sexual images with the public. Financial sextortion occurs when a predator demands money or gift cards in exchange for keeping their sexual images private.

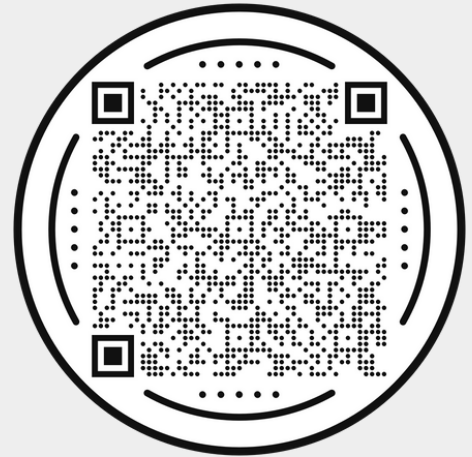
In a recent analysis by the National Center for Missing & Exploited Children, or NCMEC, financial sextortion is on the rise. Currently, as many as 79% of predators seek money rather than additional sexual imagery. NCMEC is one of HSI’s most valued partners in the fight against sextortion. HSI also collaborates with other law enforcement partners to bring sextortionists to justice.

## A MESSAGE FROM STUDENT SERVICES & CTE

### 6 Tips for Helping Your High-Schooler Learn to Self-Advocate

- 1: Encourage kids to explain their issues to others.
- 2: Encourage kids to work or volunteer.
- 3: Make sure kids know their rights.
- 4: Involve your child in decisions about their learning.
- 5: Practice how to talk to teachers.
- 6: Help kids think about the future.

Learn more by scanning  
the QR code below.



## BADGER BOYS & GIRLS STATE REPRESENTATIVE

Junior Students!

If you are interested in being this year's Badger Boys State or Badger Girls State representative, please see Mrs. Sweatman in the Student Services office by Thursday, February 15th.

Badger Boys/Girls State is a program that provides the opportunity for young men and women to learn more about civic processes of our state's government and the leadership that is required to build a community.

For more information regarding the programs, please visit the links below.

Badger Boys State: <https://badgerboysstate.org//>

Badger Girls State: <https://www.alabgs.org//>



## Course Selection for 2024-2025

On January 31st and February 1st, all 9th-11th grade students began the 2024-2025 school year course selection process in their homerooms.

We encourage you to talk with your student about this process and their selections.

Students will meet individually with their counselors to confirm their course selections later in February.

Students will have until **June 3rd** to let their counselor know of any course request changes for the 24-25 school year.

You can preview a short tutorial on the course selection process and the new ACP Module **HERE**.

If you have any questions and/or want to talk through your student's courses more, as always, please contact your student's School Counselor.



# Valentine's Day

## Did you know?

♥ Valentine, who was a priest in third century Rome, defied Emperor Claudius II's ban on marriage (he thought it distracted young soldiers), illegally marrying couples in the spirit of love until he was caught and sentenced to death.

♥ The oldest record of a valentine being sent, according to [History.com](https://www.history.com), was a poem written by a French medieval duke named Charles to his wife in 1415. Charles penned this sweet note to his lover while he was imprisoned in the Tower of London at just 21 years old. One of the lines in the poem? "I am already sick of love, My very gentle Valentine." Swoon!

♥ Giving red roses may be an obvious romantic gesture today, but it wasn't until the late 17th century that giving flowers became a popular custom. In fact, the practice can be traced back to when King Charles II of Sweden learned the "language of flowers" — which pairs different flowers with specific meanings — on a trip to Persia, and subsequently introduced the tradition to Europe. The act of giving flowers then became a popular trend during the Victorian Era — including on Valentine's Day — with red roses symbolizing deep love.

♥ According to the [National Retail Foundation](https://www.nrf.com), Americans spent nearly \$26 billion on Valentine's Day gifts in 2023! People were also expected to spend an average of approximately \$193 for Valentine's Day.

♥ Many Latin American countries know the holiday as “El Día De Los Enamorados” (Day of Lovers) or “Día Del Amor y La Amistad” (Day of Love and Friendship). Though couples exchange flowers and chocolate on this day, the holiday's focus is also directed at showing gratitude to friends.

♥ In Japan, it's customary for just the women to give confections to the men in their lives, with the quality of the chocolate indicating their true feelings, according to [Fortune](https://www.fortune.com). On March 14, exactly a month later, the men repay the favor by celebrating the increasingly popular "White Day."



# LEAP YEAR

## Why is leap day every four years?

- The reason there are leap days, and years, is because of the Earth's orbit. The amount of days it takes for the Earth to complete a full revolution around the Sun is not a whole number. The 365 days we experience is actually 365.2422 days, National Geographic reports. Getting rid of 0.2422 days adds up. The fraction allows the seasons to correctly line up each year. If it was forgotten, the months during which we normally experience each seasons would shift, according to National Geographic. This would impact other aspects of life, such as the growing and harvesting of crops. This is why leap years exist. When added, four 0.2422 days roughly equal one full day. Feb. 29 is added to the calendar of most years that are divisible by four, including 2024.

## During leap years, January, April, and July all start on the same day.

- Every leap year, these months all start on the same day. In 2024 they'll all start on a Monday. And, in 2020, they all began on a Wednesday, as you can see by looking at this [calendar](#).

## Tradition says it's okay for women to propose to men on the 29th of February!

- This stems back to 1582, when Pope Gregory XIII created the Gregorian calendar. The idea of adding an extra day every four years seemed so ridiculous to many that a British play joked it would be a day when women should trade their dresses for 'breeches' and act like men. The play was a satire, but it may have inspired some early feminists as by the 1700s, women were using leap days to propose to men. The tradition peaked in the early 1900s and continues to this day in the UK. Some retailers even offer discounts to women planning to pop the question.

# FEATURED RESOURCES

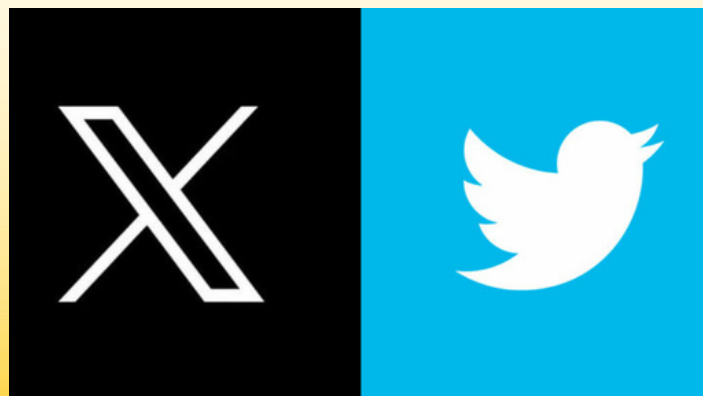
## Fair Opportunity Project

Students can find a personalized mentor, get their college essay reviewed by a pro, or apply for financial aid with a FAFSA coach. All 100% free.

<https://www.fairopportunityproject.org/>



**DON'T MISS OUT!  
CLICK THE LOGO  
AND FOLLOW  
OUR PAGE FOR  
DAILY UPDATES!**



# FEATURED RESOURCES



Wisconsin Wayfinder helps families find county and statewide disability and mental health services beyond the support provided by schools.

Learn more about how to find trusted information and resources for children with special health care needs by checking out the videos and brochures shown below.

## **Video Links:**

[Introducing Wisconsin Wayfinder](#)

[Connecting with Wisconsin Wayfinder](#)

## **Brochures:**

[Wisconsin Wayfinder Brochure English](#)

[Wisconsin Wayfinder Brochure Spanish](#)

[Wisconsin Wayfinder Brochure Hmong](#)

Wisconsin Wayfinder provides a statewide user-friendly website and toll-free number, 877-WiscWay (877-947-2929), to provide families with convenient, direct access to compassionate and knowledgeable children's resource guides.

You can find these resources and much more on the [Wisconsin Wayfinder website](#).

Below are two additional resources for families who have children with disabilities:

[Wisconsin Wayfinder Talking Points](#)

[Wisconsin Wayfinder Fact Sheet](#)

Wisconsin Wayfinder is a resource to share with all families, and in particular families with children with disabilities or mental health needs.

Wisconsin Wayfinder connects parents, caregivers, and professionals with free, confidential, and personalized support.

Level up by becoming a coder this summer. Get the skills, network, and community you need to change the world with our two free programs.

WELCOME TO THE GAME. CHOOSE YOUR ADVENTURE.

## VIRTUAL SUMMER IMMERSION PROGRAM

### Ready for a multiplayer experience?

Build a network and invest in your future in live classrooms hosted by top companies.

### Who gets to join?

- 9th-11th grade girls and non-binary high school students, with or without prior coding experience, including alums.

### What will you learn?

- Design computer games using p5.js, a JavaScript library for creative coding.

### What's in it for you?

- Find support and community from devoted Teaching Teams and classmates.
- Get career inspiration and mentorship from exclusive Partner Events.
- Enhance your experience with grants and laptop and hot spot access.

### When does the program take place?

- Round 1: June 14 – June 28
- Round 2: July 8 – July 19
- Round 3: July 29 – August 9
- Classes meet M-F for 2-3 hours, followed by independent work time and optional Student Hours.

### KEY DATES:

Early decision deadline: February 14

Regular decision deadline: March 22

[girlswhocode.com/summerapply](https://girlswhocode.com/summerapply)

JOIN  
THE FUN:



## SELF-PACED SUMMER PROGRAM



### Prefer single-player life?

Explore hot topics in tech and become a coder on your own schedule.

### Who gets to join?

- 9th-12th grade girls and non-binary high school students, with or without prior coding experience, including alums.

### What will you learn?

- Choose from courses in Cybersecurity, Data Science + AI, and Web Development tracks.

### What's in it for you?

- Enjoy the flexibility to learn independently, at your own pace.
- Connect with fellow coders and Advisors through Discord and Student Hours.
- Apply your new skills to create projects with real-world relevance and impact.

### When does the program take place?

- July 1 – August 9
- Each course in a track takes 3-6 hours to complete.



## Girls Who Code: Free Virtual Summer Programs

Ready to shape your future and join an empowering sisterhood? Become a coder this summer with Girls Who Code!

Girls Who Code's free virtual Summer Programs empower you to build skills, community, and a professional network for your future, in the ways that work best for you. Choose your adventure with two free programs: Curious to create your own computer games? In our two-week Summer Immersion Program (SIP), you'll learn how to design your own games using p5.js, a JavaScript library for creative coding.

Join classmates and our dedicated Teaching Teams in live virtual classrooms hosted by industry-leading companies like MetLife, Bank of America, Logitech, and Synchrony.

We've got three rounds to fit your schedule: June 14 to June 28, July 8 to July 19, and July 29 to August 9.

SIP is for current 9th-11th grade girls and non-binary students with beginner or intermediate coding experience, including program alums.

Eligible students can even apply for a [\\$300 SIP Student Grant](#) and [laptop and hot spot access!](#)

From July 1 to August 9, you get to decide how and when to build your coding skills, and you can always ask questions in our Discord server or optional Student Hours.

The Self-Paced Program is for current 9th-12th grade girls and non-binary students with beginner to advanced coding experience, including program alums.

[Apply here](#) by the early deadline, February 14, 2024 for priority consideration or apply by our general deadline, March 22, 2024. Don't miss this incredible opportunity to level up your coding skills, kickstart your future, tap into lifelong career support, and have fun along the way!

Need help? Learn more with our [program flyer](#), [webinars](#), or [FAQs](#), or email us at [summer@girlswhocode.com](mailto:summer@girlswhocode.com).

# National Wear Red Day

The First Friday in February



The National Heart, Lung, and Blood Institute and many groups around the country observe National Wear Red Day® each year on the first Friday in February to raise awareness about heart disease as the leading cause of death among Americans, especially women.



#### Risk factors for heart disease are:

- Smoking
- High blood pressure
- High cholesterol
- Overweight/obesity
- Physical inactivity
- Diabetes
- Family history of early coronary heart disease
- Age (for women, 55 and older)

#### Heart disease is largely preventable.

Here's what you can do now to reduce your risk:

- Don't smoke
- Eat for heart health
- Aim for 30 minutes of physical activity at least 5 days a week
- Ask your doctor to check your blood pressure, cholesterol, and blood glucose

**Show your support and wear red!**



NIH National Heart, Lung, and Blood Institute



Did you know that February 1st - February 29th is American Heart Month?

Heart month is an annual observance dedicated to raising awareness about heart health and cardiovascular disease.

This month helps to remind us to prioritize a heart healthy lifestyle. It is also a great time to learn about heart disease prevention.

Help us to bring greater attention to heart disease by joining us in wearing **RED** on **National Wear Red Day**, which will be held on Friday, February 2nd, 2024.

**Heart disease is the leading cause of death in the United States. There are many things that can raise your risk of heart disease. Some that you can control and others that you can't control.**

**Risk factors that you can't change include: Age, sex, race or ethnicity, and family history. However, there are things that you can do to lower your risk of heart disease.**

**Heart disease prevention starts with making healthy lifestyle choices and managing health conditions. Here are some things that you can do to lower your risk of heart disease:**

- ☐ Stay at a healthy weight
- ☐ Eat a healthy diet
- ☐ Get regular exercise
- ☐ Limit alcohol
- ☐ Don't smoke

- ☐ Manage your stress
- ☐ Make sure that you get enough sleep
- ☐ Manage diabetes
- ☐ Control your blood pressure
- ☐ Keep your cholesterol and triglyceride levels under control

# COMMUNITY OUTREACH

Chris Brown, owner of *Slades Corners Computer Repair* is offering a **FREE** internet safety and scam-prevention class.

Topics to be covered include: - Email scams  
- Telephone scams - General online scams -  
Security of personal information - Basic  
maintenance of security for your tech  
devices.

February 13th from 6:00 PM - 8:00 PM  
Room 180

**Register Here by 2/10/24**



## WILMOT WORD PODCAST

WITH RYAN GARTNER AND NICK DEL FRATE:  
WILMOT WRESTLING AND JR PANTHER  
WRESTLING. CLICK OR SCAN THE QR CODE  
BELOW TO WATCH!





## WILMOT UNION HIGH SCHOOL COMMUNITY OUTREACH

### Spin

Your spinning journey begins with a single pedal stroke in this high intensity indoor cycling class. Each class/ride simulates an outdoor bike ride with flats and hills. Spinning is a challenging workout that is suitable for all levels of fitness as you are able to work at your own pace. Each class concludes with a cool down and stretching.

#### *Class Time/Location*

Monday 6:00 PM - 7:00 PM - Room 214

#### *Pricing:*

\$55 per 8 week session  
\$8 individual class drop in

#### *Register online at:*

[www.wilmothighschool.com/community/fitness-classes.cfm](http://www.wilmothighschool.com/community/fitness-classes.cfm)  
or drop in any time class is in session.



## WILMOT UNION HIGH SCHOOL COMMUNITY OUTREACH

### Yoga

Yoga is for Every Body!  
Revitalize your body, relax your mind, reduce stress and develop and increase balance, strength and flexibility.  
All you need is a yoga mat, yourself, and blocks if desired.

#### *Class Times/Location*

Monday Gentle Flow  
6:15 PM - 7:15 PM - Dance Studio  
Wednesday Dynamic Flow  
6:15 PM - 7:15 PM - Dance Studio

#### *Pricing:*

\$55 per 8 week session  
\$8 individual class drop in

#### *Register online at:*

[www.wilmothighschool.com/community/fitness-classes.cfm](http://www.wilmothighschool.com/community/fitness-classes.cfm)  
or drop in any time class is in session.



# COMMUNITY OUTREACH



## WILMOT UNION HIGH SCHOOL COMMUNITY OUTREACH

### Total Body

Get your day off to a great start with this energizing combination of cardio, weights, and body weight exercises! Varied workouts, focus on strength and endurance. Each class begins with a warm up and concludes with stretching.

### *Class Times/Location*

Thursday 5:30 AM - 6:30 AM - Fitness Center  
Saturday 7:00 AM - 8:00 AM - Fitness Center

### *Pricing:*

\$55 per 8 week session  
\$8 individual class drop in

### *Register online at:*

[www.wilmothighschool.com/community/fitness-classes.cfm](http://www.wilmothighschool.com/community/fitness-classes.cfm)  
or drop in any time class is in session.







**WILMOT UNION HIGH SCHOOL  
COMMUNITY OUTREACH**

*Indoor Pickleball*

**8:00 AM - 12:00 PM**

**FEBRUARY 3 & 24**

**MARCH 2**

**WILMOT UHS FIELD HOUSE  
ENTER THROUGH DOOR T BY  
THE FITNESS CENTER**

*Free!*

**OPEN TO THE COMMUNITY!  
BRING YOUR OWN PADDLE AND BALL**

*Stay up to date with all Community Outreach programs at:*

 [FACEBOOK.COM/GROUPS/WILMOTCOMMUNITYOUTREACH](https://www.facebook.com/groups/wilmotcommunityoutreach)

KEY CLUB PRESENTS...

2nd Annual

# Snow Ball

Turnabout

Sat. Feb 3rd | 6-9 pm (must stay until 8)

FUNDRAISER FOR  
ERIKA'S LIGHTHOUSE  
SUPPORTING MENTAL  
HEALTH AWARENESS

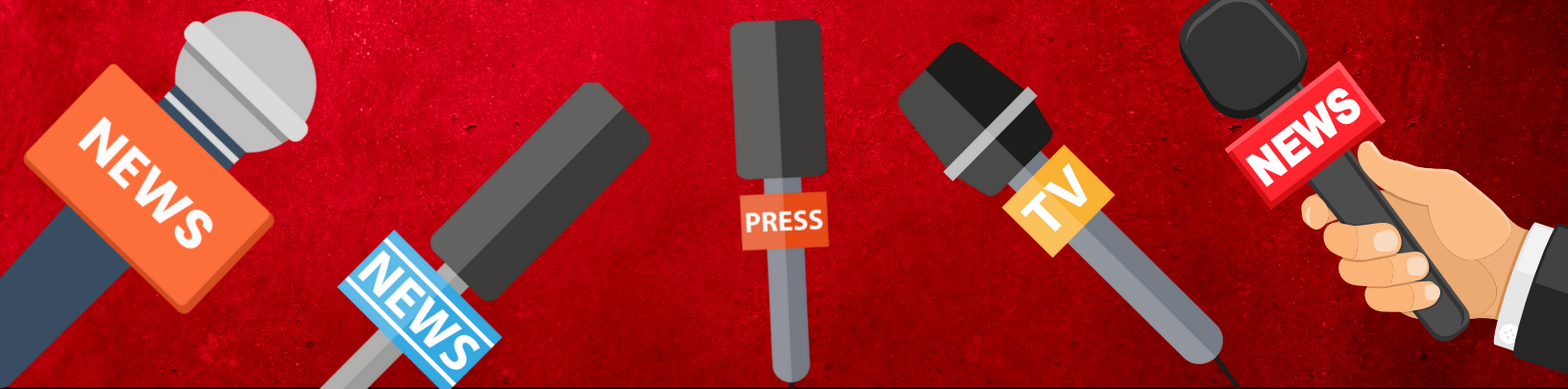
TICKETS ARE \$15 EACH  
OR 2 FOR \$25

Email Ms. Robbins at [robbinsm@wilmoths.k12.wi.us](mailto:robbinsm@wilmoths.k12.wi.us) or Mrs. Bank-Vacala at [bankk@wilmoths.k12.wi.us](mailto:bankk@wilmoths.k12.wi.us)  
for any inquires.

[@brittandersonseniors](https://www.instagram.com/brittandersonseniors)



# Panther News



CRIME SCENE · DO NOT CROSS · CRIME SCENE · DO NOT CROSS

## Last Breath - A Wilmot True Crime Podcast

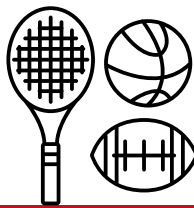
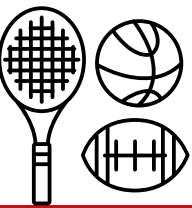
CRIME SCENE · DO NOT CROSS · CRIME SCENE · DO NOT CROSS

# Winter Sports Action Revs up in February

The winter sports season is in full swing as all of our sponsored sports compete in their conference and tournament series with the hope of making the ultimate trip to team or individual state.

All of the dates for the upcoming events are listed below. Some of the opponents and locations are still currently To Be Announced (TBA), but everyone is encouraged to go to the **Event Calendar at [wilmothhighschool.com](http://wilmothhighschool.com)**, to find out all the information prior to the event.

Our athletes would love to see you at their competitions!



## ATHLETICS & ACTIVITIES

WE LOVE TO SEE OVERALL PARTICIPATION INCREASE IN EVERY SPORT FROM LAST YEAR, AND OUR ATHLETES WOULD LOVE TO SEE EVERYONE COME OUT AND SUPPORT THEM.

ALL ATHLETIC EVENTS CAN BE FOUND ON THE SCHOOL WEBSITE.

SCAN THE QR CODE TO TAKE YOU TO ANY TEAM SCHEDULE YOU ARE LOOKING FOR.



# **BOYS & GIRLS WRESTLING**



**FEB. 3 - 9:30 AM  
SLC CHAMPIONSHIPS  
AT UNION GROVE**

**FEB. 10 - 9:30 AM  
REGIONAL  
COMPETITION AT  
WILMOT, BOYS ONLY**

**FEB. 17 - 9:30 AM  
INDIVIDUAL  
SECTIONAL  
COMPETITION AT  
WILMOT**



# BASKETBALL & GYMNASTICS



## GIRLS BASKETBALL

FEB. 20 - 7 PM  
FIRST ROUND OF  
REGIONALS

FEB. 23 - 7 PM  
ONLY IF WIN ON FEB. 20

## BOYS BASKETBALL

FEB. 27 - 7 PM  
1ST ROUND OF  
REGIONALS

MAR. 1 - 7 PM  
2ND ROUND OF  
REGIONAL ONLY IF WIN  
ON 2/27



## GIRLS GYMNASTICS

FEB. 16 - 6 PM  
SLC CONFERENCE  
CHAMPIONSHIPS AT  
ELKHORN

FEB. 23 - 6 PM  
TEAM AND INDIVIDUAL  
SECTIONAL AT MUKWONAGO



# HOCKEY & CHEER

## THUNDER HOCKEY

FEB. 13 - ROUND 1 OF  
WIAA REGIONALS

FEB. 15 OR 16 -  
ROUND 2 OF  
REGIONALS



## COMPETITIVE CHEER

FEB. 17TH - TIME TBA  
PRELIMS - AT  
HARFORD HIGH  
SCHOOL

FEB. 24TH - TIME TBA  
STATE AT FOX CITIES  
CENTER OSHKOSH

# WILMOT UNION HIGH SCHOOL

## Board of Education - Calendar:

<https://www.wilmothighschool.com/BOE%20CALENDAR%202023%202024.pdf>

## 2024 Referendum Facts:

<https://wilmoth.s.referendumfacts.org/>

## Parent Power-Up: Parent-Teacher Conference Scheduler:

<https://www.youtube.com/watch?app=desktop&v=zfdbSUiVhvf>

## 5 Day Parental Excused Absence Notification Letter:

<https://docs.google.com/document/d/12ktwvmlG1rgjj7ouPMDvKrz1UTiFJ7eDRDjCu08lwWc/edit>

## 10 Day Parental Excused Absence Notification Letter:

<https://docs.google.com/document/d/12QN6cyvExaUEIm3OFliJuWgHD7sNEBSKHUg6tABDwEw/edit>

## SEXTORTION - ice.gov:

<https://www.ice.gov/features/sextortion#:~:text=Traditional%20sextortion%20occurs%20when%20a,keeping%20their%20sexual%20images%20private.>

## 6 Tips for Helping your High-Schooler Learn to Self-Advocate:

<https://www.understood.org/en/articles/6-tips-for-helping-your-high-schooler-learn-to-self-advocate>

## Badger Boys & Girls State Representative:

<https://badgerboysstate.org/>  
<https://www.alabgs.org/>

## Course Selection:

<https://www.loom.com/share/d51d7760c0f4499393aae9278792a2a6>

## Valentines Day & Leap Year Facts:

<https://www.goodhousekeeping.com/holidays/valentines-day-ideas/a26863/valentines-day-facts>  
<https://restless.co.uk/leisure-and-lifestyle/learning/fun-facts-about-leap-years/>

## Fair Opportunity Project:

<https://www.fairopportunityproject.org/>

## Facebook:

<https://www.facebook.com/wilmotuhs>

## Instagram:

<https://www.instagram.com/wilmotuhs/>

## X (Twitter):

<https://twitter.com/wilmotuhs>

## Introducing Wisconsin Wayfinder - Video:

[https://www.youtube.com/watch?v=2Hc9zO--\\_iM](https://www.youtube.com/watch?v=2Hc9zO--_iM)

## Connecting with Wisconsin Wayfinder - Video:

<https://www.youtube.com/watch?v=kvkNmdRtqXQ>

## Wisconsin Wayfinder Brochure English:

<https://www.dhs.wisconsin.gov/publications/p035539.pdf>

## Wisconsin Wayfinder Brochure Spanish:

<https://www.dhs.wisconsin.gov/publications/p035539s.pdf>

## Wisconsin Wayfinder Brochure Hmong:

<https://www.dhs.wisconsin.gov/publications/p035539h.pdf>

## Wisconsin Wayfinder Website:

<https://www.dhs.wisconsin.gov/wisway/index.htm>

## Wisconsin Wayfinder Talking Points:

<https://drive.google.com/file/d/1eLFS-kZcTTZlcoH0bkZgXOoubJvub9CS/view>

## Wisconsin Wayfinder Fact Sheet:

[https://drive.google.com/file/d/1hnXOQI2iiWI\\_UeV8d8T5v4SX9kLcOexp/view](https://drive.google.com/file/d/1hnXOQI2iiWI_UeV8d8T5v4SX9kLcOexp/view)

## Internet Safety & Scam Prevention - Registration:

[https://wilmothighschool.cr3.rschooltoday.com/public/getclass/category\\_id/-1/program\\_id/10](https://wilmothighschool.cr3.rschooltoday.com/public/getclass/category_id/-1/program_id/10)

## Girls Who Code: Free Virtual Summer Programs:

[https://girlswhocode.com/assets/downloads/craft-prod/downloads/GWC\\_Summer\\_Student.pdf](https://girlswhocode.com/assets/downloads/craft-prod/downloads/GWC_Summer_Student.pdf)

## Girls Who Code - Application:

[https://girlswhocodesm.smapply.io/?utm\\_source=Domestic+Campaign+Monitor&utm\\_medium=Email&utm\\_campaign=Domestic+Campaign+Monitor](https://girlswhocodesm.smapply.io/?utm_source=Domestic+Campaign+Monitor&utm_medium=Email&utm_campaign=Domestic+Campaign+Monitor)

## Panther News:

[https://www.youtube.com/playlist?list=PLW9QGjlyZw6Qf3\\_WugWzdNdJW\\_2bjROw0](https://www.youtube.com/playlist?list=PLW9QGjlyZw6Qf3_WugWzdNdJW_2bjROw0)

## Last Breath - Podcast:

<https://www.youtube.com/watch?v=c3JMcQpEhY>

# Additional Resources:

## Fitness Center Membership:

[https://www.wilmothighschool.com/about/fitness\\_center.cfm](https://www.wilmothighschool.com/about/fitness_center.cfm)

## Winter Fitness Offerings:

[https://www.wilmothighschool.com/about/fitness\\_center.cfm](https://www.wilmothighschool.com/about/fitness_center.cfm)

## Athletics Calendar:

<https://southernlakesconference.org/public/genie/86/school/1/>

## Wilmot Word Podcast:

Add a head <https://www.youtube.com/playlist?app=desktop&list=PLW9QGjlyZw6RNC6FY-K0v7BAqhdauITXFing>

## School Calendar:

<https://southernlakesconference.org/public/genie/86/school/1/>

## Copy of Newsletter:

<https://www.wilmothighschool.com/wilmot-updates.cfm>